

# CITY BITE

## THE STATE OF AFFAIRS

### INSIDE POLITICS

Ten million spent on curtains, 8 million on furniture in one financial year, regardless of consistent calls for austerity..

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### SPORTS

..Paul Pogba banned from all football activities for four years!  
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City Bite Mourns with Morgan Heritage reggae band.  
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# INSIDE POLITICS

## CHRONIC PROFILGACY REGARDLESS ..

Late last week, Kenyans were gobsmacked by the reports that the office of the Deputy President of the Republic of Kenya had, in the financial year that ended in June 2023 spent a colossal KES 18 million on curtains and furniture, ten million of which cartered for curtains alone.

Via a report on the 22/23 financial year, the office of the Auditor General Nancy Gathungu provides the finer details of this profiligate spending."During the year under review, the Office procured curtains and furniture amounting to Kshs.10,272,524 and Kshs.7,869,700 respectively all totalling Kshs.18,142,224 through request for quotations thereby splitting the procurement,"stated Gathungu, in a statement that exposes the thriftlessness of the reigning administration.

Astoundingly, this comes in the backdrop of consistent calls for austerity by those in situ at Kenya Kwanza administration, including not only the man on top but also his second in command.

A flashback to September 2022 and a loquacious Deputy President, is decrying the overspending of the then outgoing administration. Months after their inauguration , the Deputy President consistently blamed Uhuru Kenyatta and his team for the country's dwindling economic fortunes. "We have inherited a dilapidated economy, " you could hear him say. "We found empty coffers," he told journalists.

Has he gone back on his own words now? Is overspending only wrong for some, right for him? For more



Kenya's Deputy President H.E Rigathi Gachagua. [Inset] Auditor General Nancy Gathungu | Photo Courtesy

**10M**  
The amount in KES spent by the Deputy President's office in buying curtains during the financial year that ended in June 2023 according to Auditor General's accountability report.

context, Kenya's debt crisis is getting messier, while the shilling depends on a weakened dollar to rise in value. Blatant discrepancies have also been, in the recent past reported with respect to the use of borrowed money while tax increment is the pedestal economic revival policy for the Kenya Kwanza administration.

Of what importance is increasing taxes, when the revenue is not put to proper use? Of what importance is calling out a regime's unbecomings,without trying to be different from it?.

Kenya faces so many challenges, but priorities seem to be set or pursued in an upside down trajectory; luxury on top of everything else. Was that what was meant by the term bottom up? Did it mean that the bottom of priorities list will go up?

What is it with power, spending and turning on one's own words?. Why spend 10 million on curtains, when hunger stricken communities need solutions; at least short term ones like relief food? Why not cut that cost and use the extra amount in settling a part of the country's rapidly

growing debt?. To avoid confusion,the 10 million, which went on curtains represents 0.000099% of our country's total debt. Assuming the debt remains constant while the spend continues in the same rate, it could accumulate to 0.0005% of our total debt, which is roughly Ksh. 50 million.

To spend such an amount on one specific commodity is to insolently communicate the unwillingness to do what it takes, to redirect the trajectory of our economy towards a positive course.

As such, there's a teething need to address such profiligacy in the high offices, before descending on ministries and other state departments to minimize corruption and unnecessary spending.

# INSIDE POLITICS

## A TRUCE OR A SEND-OFF?



From left, Kenya's President William Ruto, Kenya's Opposition Chief Raila Odinga and Ugandan President Yoweri Museveni pictured at a meeting in the latter's farm | Photo Courtesy

On Monday, a high profile meeting took place between East African giants H.E William Samoei Ruto of Kenya, H.E Yoweri Kaguta Museveni of Uganda and Fmr. Prime Minister of Kenya Raila Amollo Odinga. In the wake of viral pictures taken during the meeting, debates ensued online on the actual state of affairs between Kenya's sitting President and her opposition chief. Is there more to it than what meets the eye? Has a handshake been worked out behind the curtains? Why is the President so passionate about Mr. Odinga's ambitions to become the next African Union Commission Chairperson?. These are just but a few questions, aroused by this meeting, with conspiracy theorists already laying bare their ideas on what they think could be going on.

First, when Uhuru Kenyatta had a working truce with Mr. Odinga, he assumed the role of a high representative for Infrastructure in the African Union, now, after a rumored agreement, Mr. Ruto is at the forefront of campaigning for Raila, who since the N.D.C report was published toned down his opposition

of the government. This, to some cannot be by chance or coincidence. The script seems to be repeating itself, only this time things are happening furtively, as if with the objective of avoiding unprecedented vitriole. Nobody, neither in Raila's camp nor in Ruto's side knows or seem to fathom what's going on. Theirs, is to provide support for their bosses, who now seem to be on the same page. For instance, when the NDC report was first published, former Azimio La Umoja runningmate Martha Karua was glaringly dissatisfied by the report, while ODM party leader's reaction was generally ambivalent towards the report. This was a first sign of many, that something was in the works.

While to a big extent, the possibility of a working truce between the two adversaries could inform the President's enthusiasm in supporting Raila's ambition, opinions from some pseudo commentators incredibly hint to an ambitious scheme by Ruto to rest Mr. Odinga's political career once and for all. "Odinga is blinded by his selfish interests," a commentator tells City Bite. "Ruto, as usual scheming and could hoodwink Tinga into a wild goose chase," he said.

"In the same way Uhuru played Raila, Ruto is playing him, but he doesn't listen. Let's see how this one turns out," he said. "Ruto wants to operate without an opposition. He's pushing Raila away and Odinga is going blindly."

While a skeptic is a fancy word for a pessimist, skepticism is to the truth what the nose is to the mouth. What if, actually, it's a deceptive move by the president? Can Raila read between the lines or can he get himself caught in a web of his own weaving?

From a different angle however, it could be Mr. Odinga's decision to quit Kenya's political scene in his own terms. Having enjoyed an immaculate political career, it is infact possible that he, considering all other factors decides to rest his case with grace and honor, having had five vain attempts to become Kenya's head of state. If this is the truth, some commentators have argued that it could be a genius move for him, his family, his followers and those in the corridors of power. However, his closest associates and family members insist that being the AUC chairperson doesn't bar him from remaining active in Kenya's politics, regardless of it's competitiveness while frkm a different perspective, some allude that President Ruto is already looking for new allies, in rediness to part ways with Central Kenya

# INSIDE POLITICS

## MON. THE 26TH OF 'FFESTAC'2024



Monday was a FESTAC day in Kisumu as Governor Anyang' Nyong'o hosted the FESTAC Africa Festival Board and Secretariat at City Hall. Led by the benign businessman Eng. Yinka Abioye, it was a star tudded team, made up of seasoned diplomats, veteran businessmen, talented writers and artists, eloquent community advocates and even Ministers.

During the high profile meeting, contemptuous issues bedeviling Africa were discussed and ideas shared on how the May festival could be of importance in addressing them.

Among the major issues of concern was the situation of D.R Congo, one of Africa's richest mineral wells, which sub rosa the never ending conflicts her people languish in chronic poverty.

While conversing with the Minister Of Mines in the State of African Diaspora otherwise known as SOAD, the Kisumu County Governor underscored the importance of Africa's sixth region to give pedant attention to the situation of the country.

"Even as you promote the African culture, why don't you give focused attention to the Democratic Republic of Congo," Nyong'o asked. "This is a very big issue for Africa. Congo is so rich in minerals, but her people still languish in

diabolic poverty levels," Anyang' stated. "I remember years back, when it was still known as Zaire when the reigning government hired some Argentines to measure the richness of minerals in the Country, but hostility made it outrightly impossible for the researchers to complete their work."

While responding to the Governor's concerns, the SOAD Minister of Mines His highness Keith Brown equanimously agreed that indeed they are perturbed by the situation in Congo and are working out measures to educate the people on the value of their treasures and the opportunities that lie within Africa and among Africans. "The biggest gap is education," Keith Brown said. "It is however exercebated by the unwillingness by many to disseminate information or to consume information regarding this theme," the Minister said. "However, SOAD is employing idiosyncratic strategies to change this situation," he stated. "There are so much propaganda and active disinformation surrounding the kind

belief that riches are abroad. Africans must be made aware of the untapped potential in the continent."

Notable is the rallying call to the political class by Eng. Yinka Abioye, the Festival's Chairman. "I call upon the political class to join the mobilization," Abioye said. "I talked to Governor Ole Ntutu, regarding the festival," he stated. "Let your communities come and showcase their culture to the world," Abioye said. "This is not just a local event. This is an international activity, that will attract people from across oceans. Therefore it is imperative for remote communities of Africa."

What then followed was a media briefing, in which Nyong'o, Abioye and FESTAC CEO Miss. Grace Mumo emphasized the importance of the event to the City of Kisumu, Kenya, East Africa and the entire African continent.

"Sports will have a centre stage in the festival," Eng. Yinka said. "In East Africa, sports are a key cultural aspect. Therefore, we will pay significant attention to sports and sporting activities throughout the week. Let us embrace the festival as a way to promote the talents of pur young ones. FESTAC's key objective is to create awareness. By the time the festival is done, we want pur young ones to be aware of their hidden skills, talents and abilities. We also want them to be aware of their cultural identity. We want a future where Africa's place in the international community is safeguarded by informed leaders. This is all about FESTAC."



**Kisumu is ready to host the Africa Festival for Culture and Arts ( FESTAC, Africa), 2024.**

**We are excited to host this important event, coming only Two years after we sucessfully hosted the 9th Africities Summit that brought in 13,000 Internal guests.** ”

of education we strive to give. However, what we want Africans to be made aware of the opportunities in Africa, as opposed ro the general

# INSIDE POLITICS

## YES; RAILA IS THE MAN FOR THE AUC JOB!

*Opinion*



Raila Odinga's stab at the African Union Commission Chairship is a justified course, whose coming to fruition could be a blessing in disguise to Kenya and to the entire African continent. For a man of his resumé, Mr. Odinga's ascension to said position may be long overdue, and he is infact the right man to succeed outgoing Faki Mahamat, who in his own way will leave a competitive legacy to be outdone.

At his age, the ODM boss's understanding of politics and rich networks in the international community could benefit the continent in limitless tremendous ways. An adherent of history, Raila has a historical background of consistent championing of African affairs and justification of African cultures in the sectarian international stages.

In his trademark lecture at Woodrow Wilson School of Public & International Affairs titled "Awakening The African lion," Mr.

Odinga illustrates some of what he believes are the right ideas to awaken the Africa Lion, which to him has a higher ceiling than the famous Asian Tiger. In the lecture, he exhibits deep knowledge of the African Continent, its main challenges, history and through facts and statistics elaborates the extent of some of the continent's key teething challenges, including disease prevalence.

At the beginning of the lecture, Raila likens Africa's story to that of a lion who can't write, and therefore hunters take it upon themselves to write a story that disadvantages the lion for their own gains. He goes ahead to interpret the analogy to his audience that until Africa starts to speak for herself, her story shall be told by the BBC, and other international media houses, which are mostly interested in the negativities and disasters in the African continent.

"I am an Afro-optimist and a pan Africanist," Odinga tells his audience in the 2014 public lecture, to imply his strong belief in the underlying and untapped potential of the continent. To him, there's so much wealth and so much good in Africa, that the Western media overlooks, in favor of the disasters and challenges facing the continent.

This ergo underscores the value he will add to the pan Africanist tenets, which informed the founding of the African Union in the first place. Additionally, Mr. Odinga's assertive political career in Kenya adds to his paraphernalia of skills with his failed attempt to mediate the conflict between Laurent Gbagbo and Alessane Outtara leaving a room for enthusiasm and learning.

Of importance is his good relationship with most African presidents, African business moguls and his understanding of some of the most remote African cultures, history and heritage.

As a former Prime Minister in Kenya, he has acquired the skills and the

experience to lead a people, with his long standing career as the Kenyan opposition chief giving him the reputation of an astute leader with the strength to defend the values he holds dear for his subjects.

Profiling his resumé could be a herculean task, but Mr. Odinga's previous role as the A.U's High Representative for Infrastructure could've been, after all a preparation for the big task ahead, which now seems is by design his way out to Kenya's politics, and a stamp to his decorated statesman status.

To illustrate, of all the proposed candidates by Member States so far, Mr. Odinga stands out as the top dog, thanks to the aforementioned attributes, experience and networks.

While winning this could not be as prestigious as becoming president could have been for him, it will be a major scoop for Kenya and for Africa, for a man so passionat of afro-centric ideologies, policies and partnerships to become the chief executive of the African Union, representing the interests of the entire continent in global bodies.

### ABOUT A.U .C CHAIRPERSON

*The Chairperson of the African Union Commission is the Chief Executive Officer, legal representative of the AU and the Commission's Chief Accounting Officer. The Chairperson of the Commission is elected by the Assembly for a four-year term, renewable once.*

# INSIDE POLITICS

## EMPOWERING THE FUTURE GENERATION OF LEADERS

On the 23rd of February, Chief Administrative Secretary for the Ministry of Roads and Transport Eng. Nicolas Odero Gumbo met over seventy student leaders drawn from different tertiary learning institutions in Kenya, whose home County is Siaya.

The purpose of this meeting, according to those in the know was to deliberate on key issues affecting learning among Siaya County students in their respective learning institutions, including school fees challenges, job opportunities for graduates and youth empowerment programs.

Represented were Jaramogi Oginga Odinga University of Science and Technology, Siaya Institute of Technology, Bondo TTI, Machakos University, JKUAT, Uzima University, Bukura College, MMUST, IRADS, RIAT,

KCA, Egerton University among others.

During the meeting, Wajonya, as he's popularly known had deliberated discussions with the young leaders, on how to address the aforementioned teething challenges they face and agreed to sponsor a bursary for students from each of the represented institutions through a Rarieda Education Support Action otherwise known as RESA. Additionally, the former Rarieda Constituency parliamentarian promised to initiate partnerships with Intergovernmental bodies, that'll ensure employment opportunities for graduates while on Youth Empowerment, he vowed to support youth serving organizations and self-help groups across Siaya County.

In this light, youth serving organizations Ugenya Youth Basketball Academy, Siaya County Young Generation Alliance and African Youth Harvest were

also represented by their leaders Peter Onyango, Kevin Onyango and Michael Odoni respectively.

After a successful meeting, present student leaders committed to support Mr. Gumbo's looming third stab at Siaya County Governorship, by creating a lobby group named 'Wajonya Comrades' Movement'

With this group, the students look to strike a symbiotic working partnership with the CAS for Roads, who vowed



**...Through this initiative, the student leaders will mature into community mobilizers and eventually into reliable leaders. It is however upon them to remain loyal... STEVEN CHARLES**

to provide them with networking and mentorship opportunities.

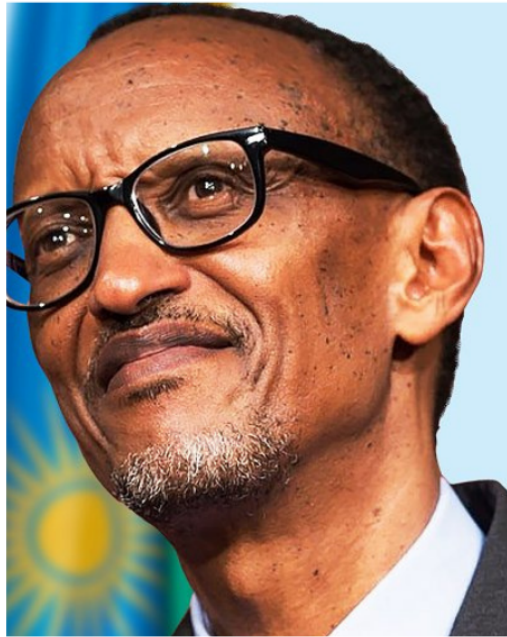
Asked of his opinion on the meeting, Steven Charles, the UDA youth Representative aspirant for Siaya County tells City Bite, "I am a product of Wajonya and I am proud to testify. Through this initiative, the student leaders will mature into community mobilizers and eventually into reliable leaders. It is however upon them to remain loyal, patient and productive."

Nicolas Odero Gumbo meets Student leaders in Siaya [Inset] Youth Coordinator Steven Charles pictured with Eng. Nicolas Gumbo



# INSIDE POLITICS

## OPINION: RWANDA IS KAGAME'S FOOTSTOOL



Incumbent Rwanda's President and 2024 Presidential Candidate H.E Paul Kagame| Photo Courtesy

On July 15, 2024, Rwanda will go to the polls to elect the president and members of the chamber of deputies. The president of Rwanda is selected in one round of voting by plurality. In contrast, the 80-seat chamber of deputies is elected by two methods: 53 seats are directly elected by closed-list proportional representation in a single nationwide constituency with an electoral threshold of 5%, and seats are allocated using the largest remainder method. The remaining 27 seats are indirectly elected by local and national councils, including 24 reserved for women, two for representatives of youth, and one for representatives of people with disabilities.

Kigali has made tremendous strides in terms of economic transformation since the Rwandan Genocide. The people's living standards and the country's global image have been on a meteoric rise. The good tidings about Rwanda are not by accident; they result from the steady hands of Paul Kagame, the de facto leader of the Rwandan Patriotic Front (RPF).

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The history of Rwanda is as old as Kagame himself, and the leadership of this great nation is under his lock and key. Rwanda is Paul Kagame's footstool and his business. Rwanda had gone to the dogs because of the genocide; it took Paul Kagame and others to restore sanity and order. The peace Rwanda is currently enjoying is courtesy of Kagame's benevolence, which automatically makes Rwanda Kagame's birthright. In this coming election, it will be his way or a highway.

This statement rubbed the West incorrectly since they had hoped for a regime change. They hoped he would pass the baton to a new crop of leaders; however, Kagame defended himself, stating that he had the confidence of his party and the people, and those hoping to step down had taken the joke too far.

Before these elections, Kagame had enforced a raft of changes in the electoral laws, which have seen him eliminate term limits, giving him the go-ahead to govern until 2034. Frank Hibenza has announced that he will challenge Kagame to take the top seat. Hibenza leads the Green Party, which is the opposition wing in parliament. Despite the many firsts that Kigali has been able to achieve in this short time, she still lags in human rights. Kagame has passed a fiat that he will not be opposed to. This has seen him reign terror on those who view things differently. Many who objected to his rule have been exiled; others have been imprisoned or even killed, to the detriment of the West. With everything remaining constant, it's easy to say that the 66-year-old Kagame will win this election; it's his to lose.

...Rwanda is Paul Kagame's footstool and his business. Rwanda had gone to the dogs because of the genocide; it took Paul Kagame and others to restore sanity and order... ”

PETER WANDERA

Paul Kagame will be running for his fourth term in this election after ascending to the presidency in 2000. He has been at the helm since the end of the 1994 genocide and has been voted in from 2003, 2010, and 2017. In all of these elections, he has always emerged as the winner with 90% of the vote, a testimony to his popularity. While speaking to Jeune Afrique, a French-language magazine, Kagame announced to all and sundry that he would throw his hat in the ring for another term in office.

15 JUL. 2024  
The Date of the Next Election in Rwanda  
2000  
The year when Paul Kagame first became President of Rwanda



This article was written by Peter Wandera. He holds a bachelors degree in History and International Relations from Egerton University.

# THE CRITICAL EYE



Odima Osure; Writer

## NOT ALL THE TIME BEING POLITICAL WORKS.

With waning meritocracy, many today prefer to do things the political way. Very few people pay attention to providing value, and probing all which matters in making a difference. Leadership has been confused for politics and vice versa. This is something that to me, needs adjusting. The demands of progress cannot be met by inflated sense of one's own talents, but consistent efforts in providing value and paying meticulous attention to the requisite details of progress.

A little bit of pomposity is healthy for business, but too much of it translates into a veil for a chronic low self esteem or a deep rooted void in one's own life. While to be successful in whatever we do requires the doing of what it takes, notwithstanding a little bit of deception, progress and grandiosity are two heterogeneous concepts, which can be summed up by the proverbial 'hunting and noise do not go hand in hand.'

Therefore, not all the time do self-aggrandizement work. In critical moments, when critical decisions are to be made, pride, arrogance and Narcissistic tendencies blur

one's own reality, critical thinking and the capability to solve a problem at hand. Sad scenario is; it is in the wake of such realities that their ineptitude surfaces, and in the face of that reality, they cower and resort to character assassinations. Their inability to provide value drives them into a consistent exhibition of sycophancy and the demand for it. They're thin skinned actors and actresses, who'd go to the greatest extents to seek attention, regardless of their incapacity. To those suffering from grandiosity, everything is right in their perspective. This blocks learning, which in turns blocks one's own capability to become what a good leader is supposed to be. Geniuses and inventors of the past achieved all they did because of their good inter-personal relationships.

"Nothing is perfect, it's only the imperfections we chose to ignore," once said Albert Einstein, one of world's most renown geniuses, whose legacy will live till the end of time.



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OSURE

Intelligence is a relative concept and men of high intellects recognize just how imperfect their genius can be. However, it's your will to resist the temptation to let your inadequacies define who you are that drags most into grandiosity. It's absolutely right to be positive of one's strengths, but absolutely suicidal to

exaggerate what doesn't exist.

Years from now, it will count not the number of times we talked of ourselves in a vaunted way, nor will it count the number of times we dimmed other's shine, but it will definitely count the value we provided to the society, the number of lives we impacted, the people we protected and the positive differences we made wherever we went.

Let's ergo thwart all unnecessary temptations to overstate our strengths whenever an opportunity presents itself. Let's not be wowed by the 'greatness of our achievements' but by the results of our little efforts to make a difference wherever we go.



# C.S.O SPACES



## WE NEED TO TALK ABOUT MENTAL HEALTH

By Daisy Bartlett

Last year, France 24 reported that 'In Kenya, approximately 3.7 million people, out of a workforce of 24.9 million, are grappling with mental health conditions, including anxiety and depression, with economic hardship being a significant factor.' This alarming statistic only accounts for citizens who are employed, and with 70,000 Kenyans having lost their jobs last year (in formal employment alone), how many more individuals are truly grappling with poor mental health, and what can be done about it?

The effects of lockdown isolation and the shift to a 'working from home' lifestyle have pushed many into depression or revealed underlying mental health issues that were once masked by their busy lives. Poor psychological or emotional well-being spills into every aspect of life – we cannot escape our own mind. It often manifests as depression or anxiety, with symptoms ranging from feelings of hopelessness, loss of interest in activities that once brought joy, excessive fatigue, feelings of worthlessness, or being overwhelmed (to name a few). These challenges can impact relationships, hinder productivity at work, and even affect a general ability to function. Some individuals turn to unhealthy coping mechanisms like alcohol or food to numb their feelings.

Additionally, there is a concerning link between mental health struggles and an increase in gender-based violence. In extreme cases, when the criticizing voice in their head becomes too much, individuals may contemplate suicide.

Despite the World Health Organization's estimation in 2019, that 1 in 8 people worldwide suffers from some form of mental disorder, the issue remains largely taboo. Openly discussing mental health challenges with close friends or professionals is crucial. While therapy can be expensive, efforts are underway to make counseling more accessible in Kenya and worldwide. Platforms like Betterhelp.com offer online therapists and provide discounts for those facing financial challenges. Despite the significant lack of funding in this area, Community-Based Organizations (CBOs) are now expanding mental health services in alignment with the Kenya Mental Health Action Plan.

Reclaiming a healthier mental state does take work, but simple yet effective tools such as meditation, exercise, spending time in nature, maintaining a healthy diet, and practicing gratitude consistently help. It's important for those who are suffering to know that they are not alone, that this uncomfortable state isn't 'forever' and that there is help available out there to find your happy self again.



Reclaiming a healthier mental state does take work, but simple yet effective tools such as meditation, exercise, spending time in nature, maintaining a healthy diet, and practicing gratitude consistently help. ”

DAISY



Universal symbol of Mental Health

# FESTAC FESTIVAL

## THE ROLE OF STATE OF AFRICAN DIASPORA (SOAD) IN FESTAC AFRICA FESTIVALS.



*SOAD Minister of Minerals and Mines Keith Brown speaking during a meeting with H.E. Gov. Anyang' Nyong'o of Kisumu*

The State of African Diaspora plays a significant role in the FeSTAC (Festival of Arts and Culture) by showcasing the rich cultural heritage, traditions, and contributions of Africans living outside the continent.

The African diaspora is a global community of people of African descent who live outside the African continent, often as a result of historical events such as the transatlantic slave trade or more recent migration patterns. The African Union declared the African Diaspora as the sixth region of the continent which includes, Eastern, Southern, Central, Western and Northern regions of Africa). This year's FeSTAC Festival is taking place in Kisumu Kenya with the secretariat office already set at Mama Grace Onyango Social and Cultural center.

The African diaspora members seek to bring their unique perspectives, experiences, and artistic expressions to the event, enriching the cultural tapestry and fostering a sense of unity and solidarity among Africans worldwide.

Speaking to CITY BITE Magazine, The Minister of Minerals and Mines Keith Brown ascertained that through FeSTAC, there would be Cultural Exchange and Collaboration through various artistic performances, exhibitions, workshops, and discussions, members of the African diaspora will also be able to share their cultural practices, traditions, music, dance, literature, and visual arts with attendees from Africa and beyond. This exchange not only celebrates the

diversity and vibrancy of African cultures but also fosters mutual understanding, respect, and appreciation among participants.

The Minister for Minerals and Mines at SOAD, Keith Brown confirmed that there was a bigger task that FeSTAC festival would play amongst the African countries with focus to ; Helping Africans understand who they are and how they can appreciate their cultural identity .

SOAD's acts as a bridge between investors and Africans, and helping them understand how to take advantage of and magnify the opportunities in the continent which includes Corporates and Individual businessmen. This seeks to give priority to African own Investments rather than promoting international corporates at the expense of our own.

SOAD seeks to employ Education as a strategy of ensuring that Africans are able to see value in their minerals and other natural resources and understand why it's important to preserve them and also monetize them for the benefit of their countries.

Preservation and Promotion of Heritage is another important role of the State of African Diaspora in FeSTAC .By showcasing traditional practices, rituals, languages, attire, cuisine, and other aspects of their cultural identity, members of the African diaspora contribute to preserving these rich traditions for future generations. Additionally, their participation in the festival will help in raising awareness about the history and legacy of Africans in the diaspora and highlights their enduring connections to the continent.

As a way of artifact reclamation ,SOAD seeks to exploring both legal and diplomatic solutions in recovering these artifacts. They want artifacts associated with Africa to be preserved in Africa because, for instance no Foreign country would want their jewellery and valuable minerals stored in African museums

SOAD promotes research and development in developing African Countries. This is a huge gap, for example in Congo where lack of Knowledge has led to chaos in the country with respect to scramble for rich minerals that are benefitted from by foreign countries especially gold.

The sixth region of the continent is leaning towards building Cities in Africa through incorporating technology. However, research is at the heart of all their efforts as technology sometimes fails. Therefore, to incorporate technology, research on the gaps to be bridged must be done.

"There is power in unifying and promoting solidarity to African States through FeSTAC with central focus on the global African community.. By coming together to celebrate their shared heritage and experiences, members of the diaspora demonstrate a sense of collective identity and belonging that transcends geographical boundaries. This sense of unity strengthens bonds among Africans worldwide and reinforces a common vision for a more inclusive and interconnected future" Said Keith Brown (Minister for Minerals and Mines at SOAD). In conclusion, the State of African Diaspora enriches the FeSTAC festival with its diverse perspectives, cultural expressions, and commitment to preserving and promoting African heritage. Through cultural exchange, collaboration, heritage preservation, and fostering unity and solidarity, members of the diaspora contribute significantly to making FeSTAC a vibrant celebration of African arts and culture on a global scale. There is a major call to African countries to come in their large numbers and attend the festival in May 2024 as from 20th -26th .

Welcome to FeSTAC Africa in Kenya, happening in Kisumu Dala, Each one call one!

# C.S.O SPACES

## WHAT IF WORLD WAR III HAPPENED TOMORROW?



*Bennet Mbata*

Human history has been full of battles and wars, some big and some small. But if World War 3 were to happen, it might be humanity's biggest battle yet.

Advanced technology, massive troops, and more intensive strategy would all be involved. Why would something like this happen?

What countries would join in? And how would this war be fought?

People have talked about a possible World War 3 for decades. It almost started in the 1960s, during the Cold War between Russia and the United States, but thankfully we managed to avoid that.

But let's say we aren't lucky enough to avoid it next time. When might World War 3 happen?

Well, it's tough to say. A world war could start due to prominent political figures getting killed, intelligence threats or fighting over valuable resources.

Talking about it like this makes the chances of a war happening sound likely. But the chances are actually a lot lower than you might think.

Since 1945 the world has seen many different battles - Vietnam, Afghanistan and dozens of different civil wars. We should keep in mind that in order for a world war to happen, it needs to involve the entire world.

And the structure of the world has changed even more since 1945. Countries simply aren't as closely allied as they used to be. Militaries are even more skilled and stronger than they were.

Most likely, millions of people would die, and the Earth would take decades, if not centuries, to recover - especially with some of the weapons and tools countries would be using in today's age. Soldiers on the ground might have exoskeletons.

And instead of seeing the war fought in the sea or the sky it could actually be fought in space. Militaries could fight over weaponized satellites that could affect what's below them.

Although a lot of this stuff sounds like something out of a sci-fi movie, we should keep in mind that these weapons are scary, and hopefully no one will ever need to use them. After all, things like this are meant to kill people. But there may not be many soldiers on the ground. The war of the future might be fought on computers. Drones, artificial intelligence and robots could be the only things on the battlefield.

But there's also a chance that acts of war in the future might not involve any violence at all. Hacking into other countries' computers, as well as power grid shutdowns, are all a possibility.

These are a metal frames around the soldier's body that augment their strength. Although this probably won't turn them into Robocop, it would make it easier for soldiers to carry heavy equipment over long distances. Weapons that can bend around corners may also be a possibility.

But what would this war be about, anyway? Well, some people predict it could have to do with resources, specifically water.

Since fresh water is such a scarce, yet valuable resource, nations may begin to fight over it as it continues to deplete.

But hopefully this war won't go on forever. So how could it end? Well, one reason, and a main reason why a world war hasn't happened yet has to do with these things.

During World War 2, the United States dropped nuclear bombs on Japan, killing over 100,000 people. The cities involved took decades to recover. The two nukes used in World War 2 would pale in comparison to the modern nukes we have today. Oh, and by the way, there are nearly 14,000 nuclear warheads around the world - some are held by America, Russia, China, and other countries.

A nation can have all the resources, people, and strategy they want, but if a nuke gets dropped on them, then it's game over. And if one country drops a nuke, what's to stop another country from doing the same? And then another? And another? And soon, the world would be destroyed.

So who would win this war? Absolutely no one. A full-on World War 3 would have a massive impact on the world as a whole. It's safe to say that the world would never be the same.

But try not to lose sleep over this. After all, a third world war like this, with dozens of countries involved, is incredibly unlikely to start tomorrow. If two countries get into a fight, it's more likely that countries that aren't directly involved will stay that way, and let the other nations fight for themselves. But wars are terrible. Let's try to avoid them.

# BUSINESS

## E. A.C CALLS UPON SMES AND INVESTORS TO EXHIBIT THEIR PRODUCTS AND SERVICES DURING THE WEEK OF FESTAC AFRICA FESTIVAL



*Genrose Minani*

*Genrose Minani addresses H.E Gov. Anyang' Nyong'o during a meeting between FESTAC board and Kisumu County administration*

FESTAC Africa Festival will focus on all aspects of life, City Bite has been told. In a conversation with our interviewers, a loquacious Genrose emphasizes the importance of the Kisumu bound Festival, not only for artists and the film industry but also for the entrepreneurs of Africa. To her, this is like a one in a lifetime opportunity, that all emerging and established entrepreneurs should grab, and use to market their products to the world.

Genrose Minani is a member of the Secretariat at East African Community, where she assumes the role of Principal Gender and Community Development Officer.

"We have the Jumuiya Mashariki Festival," Genrose said. "However, this is an opportunity to learn new ways of doing things from other parts of Africa if not the world," she stated. "There's a common misconception that FESTAC; from its name is only for Artists and

entertainers," she said. "I am making it clear that FESTAC is not limited in any way. We want businessmen, both young and old, to come and showcase their products and services to the world," she said. "This festival will improve regional integration in so many ways and provide a platform for the exchange of ideas and skills among talented people and business owners," Genrose stated. "We therefore call upon the East African business Community to be proactive during the week of the festival, and to exhibit the beautiful products from East African Community."

"Interactions between people from different parts of the world will encourage productive partnerships and blend of talents, which in turn bolster innovation," Genrose said. "Capacity development is another key objective of the East African Community and this festival, will provide a weeklong platform for capacity development on matters business, foreign direct investments and international trade and financial institutions," she said. "This is important for education purposes. Many African Countries suffer the consequences of ignorance, especially with respect to the opportunities and riches in the continent," she continues. "I will be proud if by the time we leave Kisumu, Kenyan entrepreneurs

will leave with networks in the U.S and The Caribbean. We also want to see talented Kenyan artists entertaining audiences in different podiums across the globe after the forthcoming FESTAC Africa Festival."

The East African Community has prepared certificates for all participants in the FeSTAC Africa Festival. These Certificates will be used to motivate those who take part in various activities, including sports, runway activities, culinary arts, writing, poetry, film screening, among others.

Additionally, those at the helm of planning, including the C.E.O and the Chairman have reiterated the inclusion of all, bar none as we look to experience and to celebrate Africa in seven days. As an important event for Africa, FESTAC will also spearhead the anti-gender based violence campaigns, through adopting the theme color purple, which is the universal color for the war on gender-based violence.

In this light, anti-GBV champions like Portia Shipman from the U.S will grace the occasion while other dignitaries from different fields of interests also poised to give speeches during the much awaited FESTAC Africa Festival Week.

For more information on FESTAC AFRICA FESTIVAL, visit [www.festacafrica.org](http://www.festacafrica.org) or send an email to [info@festacafrica.org](mailto:info@festacafrica.org) or contact +27826275466



*...FESTAC AFRICA FESTIVAL will add more oomph to the existing efforts towards regional integration in Africa...*

Genrose Minani



**City  
Bite**  
MAGAZINE

# CLIMATE CHANGE

## CLIMATE CHANGE: A GROWING CONCERN IN EAST AFRICA



By Viola Adhiambo; Climate & Development Specialist.

The latest weather forecast from the Intergovernmental Authority on Development (IGAD) brings a mix of hope and caution to the Greater Horn of Africa. Predictions indicate that the upcoming long rainy season, spanning from March to May (MAM), is poised to experience above-average rainfall. This projection holds particular significance as the MAM season contributes up to 60% of the annual rainfall in the region. Countries such as Kenya, Somalia, southern Ethiopia, southern Sudan, Uganda, Burundi, Rwanda, and northwestern Tanzania stand to benefit, with central and western Kenya, along with the border areas between Ethiopia, Kenya, and Uganda, likely to receive the heaviest downpours.

While the forecast inspires optimism for agriculture and water resources, it also underscores the necessity for preparedness measures due to potential challenges like flooding and soil erosion. The multifaceted impacts of heavy rainfall on infrastructure, agriculture, and livelihoods cannot be overlooked. Flash floods resulting from heavy rainfall can wreak havoc on roads, bridges, and buildings, while soil erosion poses a threat to agricultural productivity and food security, particularly in regions with fragile ecosystems. Additionally, stagnant water can serve as breeding grounds for disease-carrying mosquitoes, escalating health risks within communities.

Looking ahead to May through March 2024, it becomes imperative for governments, disaster management agencies, and local communities to closely monitor weather updates. Adequate preparedness measures can help mitigate risks associated with heavy rainfall while maximizing benefits for food security and water availability. Proactive planning and resilience-building efforts are essential in response to IGAD's warning about heavy rains. This entails investing in climate-resilient infrastructure, implementing sustainable land management practices, and enhancing early warning systems to alert communities of potential hazards. Prioritizing adaptation and mitigation strategies is crucial for East African nations to better withstand the impacts of climate change and foster sustainable development and resilience for future generations.

the region's multiple challenges, including historic droughts, conflicts, and El Niño-induced floods. These factors have weakened communities' coping capacity, leaving them highly vulnerable to food insecurity.

The forecasted above-average rainfall presents an opportunity for improved agricultural conditions, hydrological benefits, and ecosystem revival. However, vigilance, preparedness, and sustainable strategies are imperative to navigate the challenges and ensure long-term resilience in the face of climate change.



*Flash floods resulting from heavy rainfall can wreak havoc on roads, bridges, and buildings, while soil erosion poses a threat to agricultural productivity and food security, particularly in regions with fragile ecosystems.* ”

Viola

"The predicted above-average rainfall is a significant turnaround from the recent dry spells that have caused immense hardship," noted ICPAC Director Dr. Guleid Artan. "These rains are vital for recharging water tables, supporting agricultural production, and reviving ecosystems."

While the food security situation may improve with wetter-than-usual conditions, it's vital to acknowledge



VOLUME EIGHT

# HEALTH

## THE AMAZING JOURNEY OF KENYA MALARIA YOUTH CORPS.



By Emmanuel Otieno Obwanga | Photo Courtesy

Upon his appointment as the Chair of African Leaders Malaria Alliance (ALMA), His Excellency the former President Uhuru Kenyatta established his key agenda with key priority areas that included the creation of Youth Armies across Africa to build a grassroots movement in the fight against malaria, improve maternal and child health, and improve access to universal healthcare which were proportionally aligned to vision 2030.

Through the Ministry of Health and other stakeholders it was necessary to empower young people to take an active role in the fight against malaria by equipping them with necessary skills to prevent and manage malaria disease.

During the onset of this project ,there were minimal outcomes as many people could not understand the underlying basis of how important the youth army was.Majority of the public would translate and equate it with a military parade as coined from the name army.

However over time ,this paradigm shifted,there was spontaneous visible changes in terms of social media and ground visibility albeit numerous myths and misconceptions about malaria disease.Kenya Malaria Youth Army who are currently referred to as Youth Corps successfully mobilize young people to take action against malaria in their communities through

different avenues.The first phase interaction involves undertaking an online Malaria Scorecard course from the African Leaders Malaria Alliance (ALMA hub website) .

The Kenya Malaria Youth Corps involves all categories of professions ,drawing lawyers ,Doctors,Teachers,Diplomats ,Researchers and many more professions together by leveraging on their expertise and influence to ensure that we achieve a Malaria free country.

The success of Kenya Malaria Youth Corps is largely attributed to various factors. First and foremost the program has adopted a participatory approach that involves young people in all stages of the project cycle with the focus on the power of young people as change Agents,having partnered with Busia County Government and Zipline Company,Kenya Malaria Youth Corps launched Drones that were used to spraying of Swampy areas .The drones were using geospatial technology .



Secondly, the program has leveraged technology to reach out to young people. The Kenya Malaria Youth Corps has developed various digital platforms such as social media, mobile applications, and SMS-based platforms to disseminate malaria messages. These platforms have enabled the them to reach a large number of young people with minimal

Thirdly, the program has established partnerships with various stakeholders such as schools, community-based organizations, and religious institutions. These partnerships have enabled access to a wide network of young people and have increased its visibility and credibility in the communities.

Lastly, the program has been successful in engaging policymakers and decision-makers in the fight against malaria. The team has advocated for increased funding for malaria programs through Partners such as ALMA,Global Fund and has influenced policy decisions that have contributed to the reduction of malaria cases in Kenya.

In conclusion, the Kenya Malaria Youth Corps is a successful program that has empowered young people to take an active role in the fight against malaria. The program's success can be attributed to its participatory approach, leveraging technology, establishing partnerships, and engaging policymakers. As a result of these efforts, Kenya is on track to achieving its goal of eliminating malaria by 2030.Through it's special programs which includes Vaccination,Digital Health and Climate Change ,there has been good progress interms of social behavior change and reduction in the rate of malaria prevalence especially within the Lake Endemic and Coastal Regions.

*Emmanuel Otieno Obwanga is a Diplomat and Policy Expert/Co-Founder CITY BITE MAGAZINE;Project Lead-Digital Health at Kenya Malaria Youth Corps and a member of Health Data Governance Working Group at Transform Health Organization.*

# THE DIPLOMAT

## OPINION: HAMAS STRATEGY IN ISRAEL-HAMAS WAR.



*An image of deserted streets and destroyed houses in Gaza | Photo Courtesy*

With South Africa taking Israel to the International Court of Justice and the mass mobilization by Palestine against Israel's injustices in Gaza. Israel seems to be losing the massive support it had garnered at the start of the war. Israel seems to be losing both on the ground and in her storytelling as she faces pressure from the international community. It could be said that Israel has played into the hands of the Hamas. In this article, I will be looking at Hamas's strategy in the war.

Though not having a real solution or long-term goal, Israel seeks to overthrow the Hamas regime in Gaza. Israel has the military and political capability to win the war as evidenced by her advanced anti-rocket and mortar defense system, her high-quality intelligence, and her political support from other states. Hamas's objective in the war is to put an end to the State of Israel's status as the Jewish people's national home. The Hamas strategy includes deploying human shields, tunnel networks, and the international community to oppose Israel's military actions.

The Israel-Hamas conflict is the first in which a belligerent has elevated their extensive subterranean network to the core of their overarching political-military strategy. Hamas uses the tunnel network to gain a military advantage

in that it enables them to conserve the military's capabilities without being detected. The tunnels are used for smuggling, kidnapping, and defending their territory. Hamas tunnels are built into civilian and protected sites in densely populated urban areas. This complicates discriminating between military targets and civilian locations as Hamas does not have military sites separate from civilian sites.

By Hamas integrating their extensive underground systems into the surface community, they have a political advantage. It is nearly hard to destroy the tunnels without harming Gaza's population. As a result, they centered the conduct of the fight around the contemporary laws of war. These regulations limit the use of military force as well as the strategies and tactics that an armed force may employ against populations and locations that are protected, including hospitals, churches, schools, and United Nations buildings.

By operating in civilian and protected sites, the Hamas are using civilians to restrict Israel Defense Forces in their military operations. It seeks to draw attention to the issue of whether the IDF campaign's targeting of Hamas tunnels, which are closely linked to protected and civilian locations, violates the laws of war. It

seeks to purchase as much time as possible for the international community to put an end to Israel's operations.

In conclusion, Israel has demonstrated some of the world's most advanced units, methods, and capabilities in finding, exploiting, and destroying at least 40% of the Hamas tunnels. However, destroying the tunnels required the IDF to use bunker-busting bombs which they are now being criticized for by the international community. The international community is calling for a ceasefire between the opposing parties as civilians in Gaza bear the brunt of the war.



*This article was written by Caroline Nyagaki. She holds a Bachelors Degree in History and International Relations*

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# EDUCATION

## EDUCATORS, PARENTS AND LEARNERS CORNER

### Ms Odhiambo Ruth

Warm greetings to readers all over. As promised I am back with information on the Cambridge Primary. Let's delve in. Cambridge Primary is a comprehensive program of teaching, learning and assessment in English, mathematics and science for children aged five to eleven years.

Cambridge Primary helps in the identification of a learner's strengths and weaknesses and can be used to support learning and development. Cambridge Primary enables learners to progress seamlessly into middle years' curricula.

The teachers are also in a position to benchmark externally and gauge their learners progress in the process. It is culturally sensitive as it caters for learners from diverse backgrounds. It includes top quality teaching and assessment resources appropriate for teaching and learning in local and international schools. The structure of Cambridge Primary encourages teachers to use their own materials, bringing in local, national and international examples.

This program aims to help students develop a range of skills and knowledge by providing a firm foundation upon which to build later stages of education.

It also provides a positive educational experience for all students. This curriculum delivers a progressive learning framework that is appropriate for students in the primary phase. It provides a learning structure that emphasizes on the development of skills as well as knowledge. Cambridge primary offers a flexible system of assessment that enables institutions to

gather the feedback they need to inform and improve their teaching.

It helps teachers and parents to gain a greater understanding of their children's abilities.

There are three main components in the Cambridge Primary and Secondary curriculum framework.

Progression tests, checkpoint tests and teacher support resources. Catch more on education next week.



Ms Odhiambo Ruth is a teacher at Fairmont International Schools; Kisii

### POETRY The Sound of Silence

Hello darkness, my old friend  
I've come to talk with you again  
Because a vision softly creeping  
Left its seeds while I was sleeping  
And the vision that was planted in my brain  
Still remains  
Within the sound of silence  
In restless dreams, I walked alone  
Narrow streets of cobblestone  
'Neath the halo of a street lamp  
I turned my collar to the cold and damp

When my eyes were  
stabbed by the flash of a  
neon light  
That split the night  
And touched the sound  
of silence

And in the naked light, I  
saw  
Ten thousand people,  
maybe more  
People talking without  
speaking  
People hearing without  
listening  
People writing songs  
that voices never shared  
And no one dared  
Disturb the sound of  
silence

"Fools" said I, "You do not  
know  
Silence like a cancer  
grows  
Hear my words that I  
might teach you  
Take my arms that I  
might reach you"  
But my words, like silent  
raindrops fell  
And echoed in the wells  
of silence

And the people bowed  
and prayed  
To the neon god they  
made  
And the sign flashed out  
its warning  
In the words that it was  
forming  
Then the sign said, "The  
words on the prophets  
are written on the  
subway walls  
In tenement halls"  
And whispered in the  
sound of silence

Written by Paul Simon



# PERSON OF THE WEEK

## PORTIA SHIPMAN



Portia Shipman | Photo Courtesy

For City Bite's issue number 8, U.S based anti- domestic violence champion Portia Shipman is the person of the week; thanks to a sparkling reputation for passion and commitment to championing an idyllic world, where healthy relationships form the basis of the society.

A valorous lady, Shipman boasts rich experience, not only in community advocacy but also in business. A flashback to 2017 and Shipman attempts a career in politics, which though did not go to plan, proved her undying relish for serving humanity.

In a conversation with City Bite, Shipman loquaciously tells the story of how she founded the Sherri Denese Jackson Foundation For The Prevention Of Domestic Violence, Inc, and the damning experiences she had to go through, during her time as the executive director of the organization.

"I learnt a lot there," Shipman said. "There were instances when men came to me with grievances of violent wives," Shipman stated. "However, societal norms require men to be strong regardless, and this makes them reticent of the

domestic challenges they go through," Shipman said. "This is something that needs addressing as well."

According to her, there's no place for domestic violence in our society. No man should mistreat a woman and no woman should mistreat a man. "Domestic violence is a double edged sword, that cuts across both genders regardless of the



Portia Shipman with her paint the city campaign merchandise | Photo Courtesy

traditional belief that because men are physically stronger than women, women can't mistreat men," she said. "I have had a first hand experience with a male victim of domestic violence," Shipman said. "Let us be real; in most domestic violence instances, females are the victims. However, we cannot overlook the fact that everyone is capable of violence regardless of gender, color or any other similar factor."

In business, Portia is a consummate business lady, who runs her own company known as Portia Shipman Enterprise, LLC. which provides diverse services. From Ms Queen's Larty Bus to Ancient Spirit Emporium, the company not only provides recreational facilities but also empowers humanity through art, culture and wellness. This in itself tells the story of a passionate

for healthy societies and cultural diversity. To illustrate, Ms. Shipman's love for African culture at one point drove her the heart of a remote Nigerian community, where she was crowned a priestess.

Currently, she is among the many pan Africanists at the forefront of promoting the Kisumu bound Festival of Arts and Culture-FESTAC-Africa.

During the Festival, purple, which is the universal color for the war on Gender based violence will be the theme color, something that Shipman herself has described as a blessing for the city of Kisumu. According to it's planners, FESTAC Africa's key objective is to empower communities through creation of awareness."FESTAC is about awareness," Chairman Eng. Yinka Abioye told Governor Anyang' Nyong'o. "As such, we request the powers that be, to paint the city purple," he said. "This will underscore and appreciate notable contributions of anti-gender based violence champions who are also part of this festival like Portia Shipman.



HUMANITARIAN ADVISOR - COMMUNITY ADVOCATE - BUSINESS OWNER

# ENTERTAINMENT

## MORGAN HERITAGE REGGEE BAND IS MOURNING

Reggae's Royal Family Morgan Heritage are mourning the death of Peter 'Peetah' Antony Morgan. At the time of his passing, Peter was in a prime age of 46 years old, and was the lead singer of the band.

Via an emotional statement shared on their social media pages, the band solemnly broke the news to their fans on Sunday, the 25th of February 2024.

"It is out of love that we share that our beloved husband, father, son and brother and lead singer of Morgan Heritage Peter Antony Morgan has ascended today, February 25th 2024," the statement reads in part. "Jah come and save us from ourselves because love is the only way," an echo to their Rastafarian beliefs is appended to the statement. "Our family thanks you in advance for your overwhelming love and support and we ask for your continued prayers as we go through this process," the statement continues. "We also ask that you please respect our privacy during this time of healing. Thank you!" The statement concludes, with a signature of Morgan Heritage below it. Additionally, a caption reading Heritage 4 Life is added to the post.

This caption -Heritage 4 Life-, reflects the band's commitment to remain steadfast, united, fluid and creative, regardless of the sorrow that Antony's demise has caused. Throughout his time as the lead singer, Peter played a pedestal role in the band's success, thanks to his unique voice and stage presence.

Key awards won by the reggae music crew included, the 2016

Grammy's award for best reggae album, which is by far their milestone achievement. However, as early as the year 2000, the group that was formed in 1994 had been nominated for Moba Award in the category of Best Reggae Act while in 2018, Heritage's Averakedabra was nominated for best reggae album award.

Other members of the Morgan Heritage crew include Roy Morgan, Nakhmya Morgan and Memmalatel Morgan who were, like the deceased all children of the legendary reggae artist Denroy Morgan.

Besides music and his unique voice, Peter was a family man, who has left behind a wife, Maria Gunabe Morgan, Eleven children and two grandchildren.. According to credible sources, his music and worldview were deeply influenced by the wife, who was well versed and guided by the Rastafarian cultural beliefs.

Noteworthy is Peetah and the crew's special connection to Kenya, a country where they have reportedly invested in. Throughout the twenty tens, members of the iconic reggae music band both publicly and privately declared their love for Kenya and her people. In this light, their special album titled Loyalty was created across several continents; Africa included with 'Mojo' Morgan focusing on their philanthropic efforts in Kenya.

City Bite Magazine condoles with the Heritage Family in this trying time.



# SPORTS



## ■ POGBA BANNED FOR FOUR YEARS

Former Manchester United midfielder Paul Pogba has been banned from all footballing activities for four years. According to reports from Italy, the French super star was found guilty of a doping offence in September, which led to him being banned on a provisional basis. This followed a test, where elevated levels of testosterone were found in his system.

While responding to the new development, Pogba,30, expressed disappointment via a statement in which he says he is "sad,shocked and heartbroken." "I have today been informed of the Tribunale Nazionale Antidoping's decision and believe that the verdict is incorrect," his statement reads in part. "I am sad, shocked and heartbroken that everything I have built in my professional playing career has been taken away from me," the statement continues. "When I am free of legal restrictions the full story will become clear, but I have never knowingly or deliberately taken any supplements that violate anti-doping regulations," the statement reads. "As a professional athlete I would never do anything to enhance my performance by using banned substances and have never disrespected or cheated fellow athletes and supporters of any of the teams I have played for, or against.

As a consequence of the decision announced today I will appeal this before the Court of Arbitration for Sport."

## ■ PRE-FESTAC AFRICA SPORTS LEGEND

Showcasing the spirit of sportsmanship and teamwork, the Homa Bay county veterans and former Harambee Stars legends played a wonderful game during the pre-FESTAC AFRICA Festival sports legends exhibition match. Join us at FESTAC AFRICA Festival as we celebrate the unifying power of sports.

Register today at [www.festacafrika.org](http://www.festacafrika.org). and see you on MAY 20TH - 26TH, 2024 in #kisumu, #kenya

Please note the visa requirements for Kenya through this link. <https://www.etakenya.go.ke/en/enro/II/>

Book your discounted KQ flight here at 15% for the festival travelers <https://www.kenya-airways.com/en/promotions/festac-africa-festival-2024-offer/>

Book your discounted Safarilink flight here at 7% for the festival travelers [https://www.flysafarilink.com/?gad\\_source=1](https://www.flysafarilink.com/?gad_source=1)

#tembeakenya #TembeaKisumu #football #food #africanfood #africansafari #tourism #african #africansports #sports #Luo #kisii #Nyanza #kisumudala #kisumucity #kisumucounty #culture #KenyaAirways

## ■ OH Hail FESTAC; Someone is finally recognizing our sports legends!

On Wednesday, a pre-FESTAC Africa Sport Legend game took place in Homa Bay County, at Raila Odinga Stadium.

This was one of the many efforts of the organisers of the May 20th Festival to promote sports and recognize the men and women who influenced the current generation of sportspeople in Kenya.

Traditionally, most sports legends are forgotten in the country, at the moment of their retirement. We've put little to no efforts at following up on their lives post football, athletics or any other kinds of their respective sport.

This culture, to Mutie; a FESTAC sports ambassador has to be retired. "Recognizing Sports men of the past is a way to motivate upcoming generations of sports enthusiasts," Mutie tells City Bite.

# AGRICULTURE



Felix Oloo ; Agronomist

## Types of Button drippers Adjustable

These type of drippers gives the farmer full control of amount of water to be emitted and time allowed for emmision.

The drippers can be shut completely when zero volumes are required. These drippers come in red color.



## Non-adjustable

These drippers are used according to the manufacturers design on flow rate and emmision.

The farmer has no control on the amount of water to give each plant. \_Before Installing Button drippers, a farmer should consider the following

Contact Irrigation experts like Mois Greenhouse/Irrigation and General Supplies (0712 209 611).

- For advise on the crop type and spacing.
- Design and layout of the drippers
- Pressure requirements
- Irrigation period and intervals
- Type of drippers to be installed

All these depends on fruit crop type, acreage, amount of water, plant population and topography.

🌿 Depending on the size of the tree one or more emitters can be installed at the base

🌿 Button drippers should be above the surface to avoid blockages

🌿 Broken or damaged drippers can be easily repaired or replaced without interfering with the entire system

🌿 We recommend Adjustable drippers for most orchards and hedge plants.

At Mois Greenhouse and General Supplies, we have a group of highly trained and experienced experts in Irrigation that will help you with a complete design and implementation of a viable Button drippers Irrigation system.

We are located along Ksm-Nrb road at Nyamasaria Next to Ray green Hotel.

In Nairobi find us in Utawala's Kibiku road.

Contact:0712 209 611



## MODERN AGRICULTURAL TECHNOLOGY

The growing population ignites the world to adopt modern technological approaches in addressing food insecurity and food basket at large.This has led to different innovations in the agricultural sector ,with button drippers irrigation system among the modern ones.

Button drippers Irrigation system is a modern Irrigation technology designed to emit water at specific intervals and amounts.This type of Irrigation system is suitable for orchards, hedge plants or forested zones.The Button drippers are normally fitted on a lateral HDPE pipes at the base of targeted plant.They can be adjusted to control flow rate or off the emmision.

### Pros

- Easy to install and use
- Highly durable as the drippers are UV treated to avoid degradation due to strong sun rays
- Uniform and efficient water application
- low maintenance cost
- General vigor and yield increase.



[www.meteormedia.co.ke](http://www.meteormedia.co.ke)  
[info@meteormedia.co.ke](mailto:info@meteormedia.co.ke)

# FESTAC AFRICA FESTIVAL

## FAQS ON FESTAC 2024

passport you are holding  
<https://evisa.go.ke/>. Visa Process

### ■ Are there International Flights to Kisumu?

Yes there are daily local flights to Kisumu  
 All international flights connect from Nairobi to Kisumu Kisumu Airport is the 3rd Largest Airport in Kenya

### ■ What Is so Special about Kisumu?

Kisumu is home to Former President of USA Obama's fathers hometown  
 Kisumu is home to Hollywood Awardee Actress Lupita Nyong'o

### ■ What Tourism attractions can one expect to see in Kisumu?

TBC

### ■ What currency is acceptable in Kisumu?

KSH, Kenyan Shillings, cards and some places USD

### ■ What currentcy will the festival be accepting?

Kenya Shillings and USD

### ■ How many Hotels are in Kisumu?

Over 300 hotels.

### ■ Are there any medical facilities near the Festival venues?

Yes, There are credited national hospitals all around Kisumu as well as private hospitals

## ENG. YINKA ABIOYE

### ■ Where is Kisumu?

Kisumu is in the western part of Kenya and is located right at the Lake Victoria

### ■ What is great about Lake Victoria?

Lake Victoria is know as Africas biggest Fresh water late.

### ■ How do you get to Kisumu?

You can get to Kisumu by flight from any part of the world or you can drive to Kisumu depending on where you are coming from Kisumu is 6-8hours drive from Nairobi

### ■ What language do the people of Kisumu speak?

The People of Kisumu speak the Luo Language

### ■ Do I need a Visa To get to Kisumu?

- Depending on where you come from and what passport you use, visa regulations apply accordingly.
- Refer to the immigration and visa requirements for your country or

### ■ What Kind of festival experience can guests look forward to?

- 7 days of an amazing festival curated to showcase Africas rich cultures
- 7 days of networking and meeting like minded people
- 7 days of potential business opportunities
- 7 days of business trade

20th May 2024

FESTAC Begins en vogue

26th May 2024

FESTAC End date.



Amb., Brig. Gen., Chief, Dr. Wallace Williams

# FESTAC WEEK IN KISUMU



# ADDITIONALLY...

## THE CLIMATE TRYST – A PHILOSOPHICAL RENDERING OF GLOBAL COMMONS GOVERNANCE



*Meshack Nzioka*

Often, it is easy for market champions to coalesce around the benefits – and cast a blind eye on the creeping downside of their half-measured solutions. Half measures are as bad as the evils they sought to resolve. Think of the wars of intervention in the global stage that have led to deposition of dictators only to lead to rise of war-tone ungovernable countries.

Diplomatic trysts – short sighted, and heavily focused on short term gains.

### The Cobra Effect as a Tryst

I would call the Cobra Effect story a tragi-comedy – a bad one though as there are no real winners. Both peoples lose. Now, let's turn the Cobra effect tragi-comedy to the tryst that is nature conservancies and relations with indigenous people – are there winners, or losers, and what is the consequentialism on climate sustainability?

When we incentivize farmers, and communities to plant trees, who is the ultimate beneficiaries and do incentives work?

When we call on conservancy culture – does this build sustainability or does it alienate some? Does it create a reliance on reward systems to create sustainable ecosystems?

How and in what ways should native communities be compensated or does compensation create a hell haunt out of the ecosystem?

I am at my wits end when it comes to answering these moral complexities, and how they pan out in the long term.

In the current scenario, it is necessary to consider focusing on systems that advance collective responsibility while also offering rewards – while not making the entire concept of conservation to be only for rewards sake. At one point, incentivizing good actions plays its role. However, there is a moral cap, and this is how people consider the concept of conservation as a holistic issue considering more scopes rather than simply carbon sinks, or stores. Within this depravity, global commons models such as the Environmental Social Governance arise as market driven fixes.

I think there is plausibility in conservancy that pushes forward advancement of other issues such as restoration of biodiversity, indigenous community empowerment and responsible restoration of global commons.

I recently listened to John Perlin's 'A Forest Journey', which is a history of the forest, and one of the core interesting perspectives from his view is the need to transcend individual to seeing the collective. In seeing the collective, more issues occur, issues that are less likely to be seen if we only look at forests as a composition of individual trees. The forest ecosystem and ecology are more complex, and ventures beyond simply growing trees to nurturing entire natural ecosystems. With the rise of new models such as carbon credit markets, and their interventions, it is essential to look at the forest – the forest people, the water people, and other groups that live in harmony with nature as entire ecosystems rather than as singularities. Singularization of the systems is likely to fall short of collective protection of the system.

Some may believe it is a wild idealistic card to believe that we can all win. I think we all can, the forest people, the market people, and the policy people, if we consider global commons beyond selfish interests – and see the whole, and urgently consider full measures.

Certainly, this is what leaders from across the globe in converging for UNEA 6's should focus on; full measure approach in resolving the triple planetary crisis: the crisis of climate change, the crisis of nature and biodiversity loss, and the crisis of pollution and waste. Hopefully, this will resolve the climate tryst.

As a lover of literature, I am often enamored by the tragi-comedies, and the vast wistfulness of life and quests. Partly because of the triumph of the minorities against the insurmountable odds, or the twist and fanfare of seeing the limits of human wisdom.

And so today, in the era of global commons governance and interests, I find myself interested in one particular tryst, a climate tryst – the relationship between conservancies, indigenous people and global commons governance in the age of climate economics.

But before we venture in, here is a short story -

Recently in scrolling X I came across an interesting post, detailing The Cobra Effect and explaining this paradox and its long-term impacts. For a quick familiarization with it, here is the fable – a real life story – in 19th Century India, Cobra's populated then British colony of India, and in a bid to solve the issue, the Britons in their wisdom told the Indians that they would pay them for anyone who would catch the cobras. In a few years, the government learnt with utter shock, that people were now rearing cobras and selling them to the government. It was a booming business. In its anger, the colonial government ceased from paying the people. As a reaction, the people let the cobras out into the wild, leading to a far worse situation than before with more cobras running in the wild.

Thus, that is the nature of incentives, consequentialism, and how to manage incentives/ rewards. Someone said the cobra effect, quoting the blessed memory of Charlie Munger, that reward systems in market systems present their pros and cons.



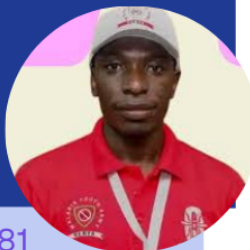
# OF IMPORTANCE...



## JAMEZANY James meets Keith Brown

Amb Jamezany James (Roving Ambassador "State of African Diaspora SOAD" ,ECOWAS Youth Ambassador, FESTAC Africa Ambassador, FilmPreneur) had a diplomatic meeting with the State of African Diaspora (SOAD) Minister of Mines and Minerals Hon.Keith Brown (King Mucoki wa Maina) with his Wife Her Royal Highness Maryann Keith Brown by his side, to discuss cultural diplomacy with FESTAC Festival the biggest African art & cultural festival as the focus as our State of African Diaspora SOAD is a strategic partner hence we are working hard to further ensure that this year's edition of FESTAC Africa holding in Kisumu Kenya from may 20th to 26th is the best that has ever been.Hence at State of African Diaspora (SOAD), every weapon is being pulled out in our armoury to give FESTAC a great victory.

Emmanuel Otieno Obwanga is the co-founder of CITY BITE MAGAZINE



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## FESTAC Festival is going Purple

Between the week of 20th-26th May 2024, during the much awaited FESTAC Africa Festival, the dressing code for ambassadors, participants and planners will be purple.

Purple is the universal color for the war on Gender Based Violence. Ergo, besides promoting African cultural heritage, we are making it an ironclad objective of Africa's oldest festival to fight the menace, which has led to the deaths of some of our innocent friends, sisters and to a realistic extent, brothers.

Traditionally, African people respect the institution of marriage and inter-sexual relationships; which are generally considered sacrosanct. LET us embrace the theme, and make it a priority to attend the Kisumu bound Festival.

ENG. Yinka Abioye is the Chairman of FESTAC Africa Festival



## KENYA mourns another athlete!

Barely a week after the burial of departed Marathon Hero Kelvin Kiptum, Kenya mourns the death of another athlete, who unlike the former, died in line of duty.

Charles Kipsang,32, collapsed minutes after crossing the finish line in the 29th edition of Mount Cameroon Race of Hope

Efforts to recucitate him were futile while the cause of his untimely death is yet to be discovered.

**"When the Minister and myself had left the stadium, some 30 minutes after, we were informed that he had collapsed while going to collect his prize. Despite immediate medical attention, he had already passed away," a statement from the South West Governor Benard Okalia reads in a Cameroonian publication.**

City Bite mourns his death.



## COUNTDOWN TO FESTAC AFRICA FESTIVAL

**80**  
DAYS TO FESTAC AFRICA FESTIVAL WEEK

# NOTABLE QUOTES

## THE VIEW POINT



ENG. YINKA ABIOYE ”

Through FESTAC Africa Festival, we are giving young people the chance to explore both their talents and potential. We encourage more youths to actively participate in this festival.



RT. HON. RISHI SUNAK ”

At Cabinet in East Yorkshire today I set out how the £4.7bn of reallocated HS2 funding will improve transport projects across the North and Midlands.

Local transport is at the heart of connecting our communities. This funding will make a real difference.



H.E WILLIAM RUTO ”

We are indebted to the World Health Organisation for its undertaking to support our Universal Health Coverage. We are confident that the legislative foundation we have laid for the programme will give us the desired results: access to affordable and quality health services to all.

Hosted the Director-General of the World Health Organisation @DrTedros at @StateHouseKenya, Nairobi.



MARCUS RASHFORD ”

Listen, I'm not a perfect person. When I make a mistake, I'll be the first one to put my hand up and say that I need to do better...But if you ever question my commitment to Man United, that's when I have to speak up.



AANYANG' NYONG'O ”

It is a joy to be associated with my fellow Homa Bay Governor H.E Gladys Wanga and the entire leadership of the @LREB14 as we discuss the issue of unlocking the potential of collaborative networks within the LREB at the 2nd Homa Bay International Investment Conference. #TichTire



PEP GUARDIOLA ”

I still remember when I arrived at City, Brian Kidd told me: Carabao Cup, don't pay attention! Play young players, nobody cares... Sir Alex Ferguson was always, ehh it doesn't matter. Phwoar, I don't know what happened in the last years!”



PAUL POGBA

I have today been informed of the Tribunale Nazionale Antidoping's decision and believe that the verdict is incorrect.

I am sad, shocked and heartbroken that everything I have built in my professional playing career has been taken away from me.

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# GALLERY

## PHOTOS OF THE WEEK



President Ruto, Raila Odinga and President Museveni meet in Uganda |Photo Courtesy



FESTAC AFRICA Festival Chairman Eng. Yinka Abioye addresses FESTAC Ambassadors during a meeting with Governor Anyang' Nyong'o in Kisumu| Photo Courtesy



FESTAC Ambassadors watch on during a meeting with Governor Anyang' Nyong'o at City Hall on 26th Feb. 2024| Photo Courtesy



Aisha Jumwa meets Raila Odinga to brief him on the progress of 2/3 gender principle agenda| Photo Courtesy



New LSK President Faith Odhiambo with Raila Odinga|Photo Courtesy



Nikita Kering posts a photo to celebrate her 22nd birthday| Photo Courtesy



President Ruto meets Vice-President of Zimbabwe Kembo Mohad at Statehouse Nairobi |Photo Courtesy



YESAM director Jeronim Obwar during a past reproductive health training| Photo Courtesy



Liverpool's Team Celebrate after winning the Carabak Cup trophy| Photo Courtesy

# GALLERY

## FESTAC AFRICA GOING COOL



ISSUE 2024 | METEORMEDIA | MARCH

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