

CITY BITE

THE STATE OF AFFAIRS

SPECIAL FEATURE

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"...founder of Sherri Denese Jackson Foundation Portia Shipman to paint the City of Kisumu Purple.."



"...FeSTAC was conceptualised for the love of Africa..."

AFROCACY

The Bridge to a more Original Africa

Who are Afroccacy?

This is a Pan-African movement of Africans who believe that Africa has the capacity to realise her potential to find best internal solutions for internal problems for ourselves by ourselves. A movement driven by the spirit of Pan-Africanism and Africa renaissance.

What is the mission of Afroccacy?

Promotion of Pan-Africanism and Africa Renaissance, rejecting and challenging imposed systems from colonial and neo colonial past and western values that divided, planted recurring hatred and led to loss of lives in Africa rather than prosperity which every African deserves.

What is the Vision of Afroccacy?

Promote Africans doing it for themselves by themselves, African solutions for African problems.

Pillars

Pan-Africanism and leadership capacity building programs PAL:

Youth leadership conferences YLC, Leadership trainings and workshops to nurture young resilient Youth in Africa.

Entrepreneurship and Talent development Programs ETD:

Coaching, trainings and workshops on Entrepreneurship, Talent competitions, Talent management, Funding talents through talent clubs and Youth centers.

Health education and Adolescent sexual reproductive health program HE/ASRHP

Coaching and trainings high level health practitioners on Health education, ASRH for teenage boys and girls, ASRH clubs mentorship and funding.



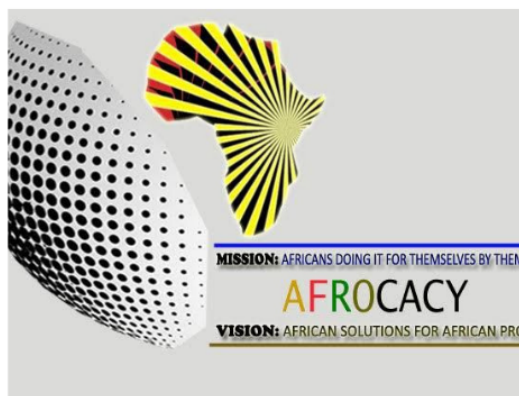
H.E. Prof. Wallace Williams, Chairman of Afroccacy | Photo Courtesy

Digital learning program (Afro learning initiative ALIP)

Online courses, certification from international accredited Institutions from Primary to University level to access inclusive and equitable quality education at cheap costs in Africa.

Community development program:

We participate in community works like Umuganda Africa program UAP to jointly and collectively support the national development of African countries through works of hand of African Youths.



Why Afroccacy?

"Youth should be at the global change and innovation. Empowered, they can be agents of peace and development. If, However, they are left on society's margins, all of us will be impoverished. Let us all ensure that Youth have every opportunity to participate fully in the lives of their societies" UN Secretary late Kofi Annan.

Approach

Through our programs, we organise Youth leadership conferences in partnership with Kepler Campus and AYLFL leadership club/Kepler as our mentees. In this conference, 90% of the speakers are Youth and this has given them strong confidence to take part in decision making, leadership of the University and matters that relate to nurturing youth leadership within University. Youth have the ability to change institutional performance if given the space they shouldn't be perceived as only drug users, but also key stakeholders in building the Rwanda and Africa we want.



Objectives

Showcase and utilise the capacity of Africa to realise her potential towards finding best solutions in Political, Social and economic spheres through transformational leaderships and initiatives based on the spirit of "UBUNTU".

Develop a generation of young leaders in African countries who think big and work smarter, participate in decision making process of their respective countries impact sustainable development of their respective countries.

Encouraging AFRICA, AFRICAN UNION, AFRICAN NATIONS to relate international communities based on equal parity and partnership rather than BEGGARS FOR AID :).

Afroccacy Conference 2018

The Conference was held in KIGALI CONVENTION CENTER, FROM 16TH -18TH APRIL 2018. The theme was “AFRICANS DOING IT FOR THEMSELVES BY THEMSELVES,AFRICAN SOLUTIONS FOR AFRICAN PROBLEMS”

MAIN OBJECTIVES



During a past Afroacacy Conference [Courtesy]

Encourage, empower and build the capacity of Africans towards building a prosperous Africa through enforcement of an inclusive growth and sustainable development.

Promote good governance, democracy, respect for human rights, justice and rule of Law in Africa
Build a concrete foundation for peaceful and secure Africa through youth investment and leadership.

Build leadership and capacity of youth across African countries and involve them in decision making process of their countries.
Integrate Africa, promote FREE TRADE and remove barriers between African countries.
Promotion of African music and Films as to embrace tradition & culture of Africa and sale Africa.

Increase the membership of Youth in politics, governance and government institutions as the we approach end of Africa Youth Decade (2009 through 2018) by African Union.

OBJECTIVES OF AFROACACY PAN-AFRICAN MOVEMENT.

Showcase and utilise the capacity of Africa to realise her potential towards finding best solutions in Political, Social and economic spheres through transformational leaderships and initiatives based on the spirit of “UBUNTU”.



"There is a malevolent plot to depopulate Afrika. It is our responsibility to avert that."

Brig. Gen. Amb. Prof. Wallace Williams



Afroacacy Co-Chairman PLO Lumumba [Courtesy]

Develop a generation of young leaders in African countries who think big and work smarter, participate in decision making process of their respective countries impact sustainable development of their respective countries.

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IN THE YEAR

2018

THE FIRST MAJOR AFROACACY CONFERENCE WAS HELD IN RWANDA .

IN THE YEAR

2017

AFRICAN DEVELOPMENT GOALS INITIATIVE WAS FOUNDED BY DR. WALLACE AND PROF. P.L.O LUMUMBA

PARTICIPANTS IN AFROACACY 2018 CONFERENCE

The conference was attended by 300 delegates including both local and internationals. The icebreaking AFROACACY conference involved heads of state from Africa, government officials, institutions, youth leaders from Africa, Non-government organizations, youth organizations like AIESEC RWANDA,YUNA Tanzania (Youth For United Nations Africa), investors AFROACACY members in Africa both continental, regional and country ambassadors of AFROACACY in African countries, distributors, musicians, artists, portraits, fashionists and Youth members from all parts of Africa. 150 Youths members from all parts of the country were present to participate in the conference.

Alongside AFRICAN DEVELOPMENT GOALS INITIATIVE, A CHAPTER OF AFROACACY WILL BE LAUNCHED DURING FESTAC AFRICA FESTIVAL that is slated for May 20th- May 26th 2024 in Kisumu, Kenya.



POLICY

THE DRAFT OF E-MOBILITY POLICY AND WHAT IT MEANS.



Emmanuel Otieno

Both National and regional integration highly depends on efficient transport system and network which inturn spurs ,promotes trade and economic development. The mode of transport in Kenya includes roads, rail, maritime and inland water, pipeline, aviation, and non-motorized and intermediate means of transport. This is crucial for it's economic growth and development,albeit transport infrastructure which is increasingly exposed to weather variability and climate change challenges.

The climatic challenges implores for a rapid, deep and immediate greenhouse gas reductions with key focus on reduction of fossil fuels.

Article 6 synthesis report by the Intergovernmental Panel on Climate Change (IPCC), in 2019, direct green house gas emissions from the transport sector were 8.7 Gt CO2-eq (up from 5.0 Gt CO2-eq in 1990). This accounted for 23% of global energy-related CO2 emissions. 70% of direct transport emissions came from road vehicles, while 1%, 11%, and 12% came from rail, shipping, and aviation, respectively.

The transport sector in the world is predominantly driven by fossil fuels and accounts for around 30% in the case of developed countries and about 23% in the case of the total man-made CO2 emissions worldwide. In Kenya, the transport sector is almost entirely powered by fossil fuels, given that the sector utilizes about 72% of petroleum products that are imported into the country. In 2015, the transport sector accounted for 13% of GHG emissions with projections indicating that the same would increase to 17% by 2030 due to population growth and industrialization among other factors. Meeting climate goals would require transformative changes in the transport sector, including the electrification of vehicles as a global initiative.



Vision of the Policy

To position Kenya as leader in electric mobility transition in Africa

Mission of the Policy

Creating a pathway towards a more sustainable, efficient, and equitable transportation powered by e-mobility.



Benson Njuguna

Ruto's new approach good for 2/3 gender rule, bad for politics.

Ruto's latest female inclusion proposal is good for affirmative action and 2/3 gender rule but not politically sustainable, at least in my objective opinion.

While making it compulsory to have female deputies for male candidates and vice versa sounds good for inclusion, political dynamics the world over do not under any circumstances survive on straight and stringent lines.

It's therefore highly populist for the president to propose such a formula. Many factors contribute to political alliances and the choice of runningmates including capacity to deliver votes, geopolitics, practicality of the matrix among a myriad of others.

For instance, Central region is one of the most fertile vote baskets. If, by chance they produce a strong female candidate for a runningmate, it's logical and esier to settle for such an arrangement . However, if the region produces two candidates for the position, one male, female the other but the former is stronger and or more popular, it is politically practical that he will be the right candidate for the said position.

That said, it is superficial to say that the president's proposal is practical, let alone reasonable. It is a subject of euphoria, that should be treated as such.

Embracing women leadership is paramount for the future of our democracy, but being realistic along the way could save us from policy anxiety.

Therefore, regardless of our appreciation for the president's initiative towards gender parity, a whole task lies in our hands to prove the whys, the hows and the whos behind it

SOCIALS

HOT ON X

DOCTORS DOWN TOOLS, A NATION CRIES!



Today I counted endless hearse cars on Thika road more than usual. The last time I saw this was during Covid. Sadly we are still chest thumping about the Doctors strike. I cry for my motherland Kenya. [@hon_wamuchomba](#)



We have a president who never comments on any crisis! Whether it's the doctors strike, people dying in floods, young people losing their lives in road accidents etc. He can even leave the country sinking and go for a state visit somewhere. To him, the only crisis there can be is if his housing project and his Haiti mission are threatened. Very strange. [@paulinenjoroge](#)



Despite our openness to discussions and negotiations, it's disheartening that our government has abandoned the negotiation table, failing its citizens. The ongoing doctors' strike highlights their disregard for public health. It's not the doctors on strike, it's the government. [@kmpdu](#)



Moses Wetangula continued association with health Cs [@Nakhumicha_S](#) during this time when she is underfire over the doctors strike speaks a lot about the nature of Kenyan leadership.

1. Health ministry slot was given to Wetangula and he gave it to Nakhumicha. He is basically the one in charge of health in this country. Susan is just proxy.

2. Nakhumicha should be shown the door, everyone agrees. Weta walking around with her is clear indication that he wants her to continue. He is directly reminding President Ruto that the health ministry is his docket and no one should touch Nakhumicha.

3. President Ruto seems to be carrying the burden of rewarding loyalists. Wetangula knows this and he is using it against him. Why would a speaker of the NA walk around with a Cs. Does he have nothing important to do?

Ruto formed government with a very poor ideology of rewarding loyalists instead of merit. The government is his and not [@calvinokello](#)



Good morning from Team Ground, The government is lying to members of the public that there's money that has been released to doctors, if doctors can go over three weeks on strike, these shows that the government doesn't even care about the doctors and mostly it's citizen. [@HEAmosmwago](#)



Safeguarding public health stands as a cornerstone of governance, necessitating decisive governmental action to swiftly address the persistent doctors' strike. The government must cease its evasion tactics and engage in earnest negotiations to fulfill their legitimate demands. [@MbokoMishi](#)



Doctors have their own clinics, or are practicing privately. They can sustain a strike for as long as they want. CS anyenyekee awasikize.

[@roderskimpembe](#)



The doctors on strike, and now would be a very good time for those pastors who claim to heal the sick to shine and show their mighty hand. But I guess they don't watch the news and don't know the positions are vacant. [@guylikericky](#)



The same government that claims doctors should come to the table and solve health issues, walked out on KMPDU leaders today. what a joke! NOW, WHO IS ON STRIKE? #GovernmentOnStrike#DoctorsStrikeKE#ImplementCBA2017#SupportKenyanDoctors

[@marcosbillow](#)

IN PICTURES : KISUMU ENVIRONMENTAL CHAMPIONS AND PARTNER ORGANISATIONS DURING PAST ENVIRONMENTAL CONSERVATION ACTIVITIES

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INTERNATIONAL

DR MAYA PRADEEP AMONG THE HOST OF ASIAN DIGNITARIES SET TO GRACE FESTAC FESTIVAL IN KISUMU



Dr. Maya Pradeep is the Founder of Haute Couture, and a Designated Partner in Beyond Z Consulting LLP. As the founder of Haute Couture, she plays a pivotal role in promoting India's rich textile heritage and the invaluable work of local artisans on the global stage.

Having worked with the International Textile and Fashion Retail Industry for the last three decades serving as Buyer for Major Global Textile & Fashion Brands, Maya successfully promoted India in the global platform as a major sourcing & manufacturing hub for the world and even helped international client's establish brand retail stores in India. She has worked with International Textiles Brands from France, Poland, Italy, Spain and also Germany. She has been instrumental in promoting India's rich textile heritage & weaves and workmanship of Local artisans to global players in the Textile and Fashion Industry.

In the year 2008 she started her entrepreneurial Journey and started Haute Couture. The company collaborates with International Textile and Apparel Companies and fashions Brands globally and cater to their Apparel & Home Furnishing requirements in India and Asia. As a forward-thinking company, Haute Couture is committed to continuous innovation and growth in the Textile and Apparel industry and also embracing sustainable practices not only meet regulatory requirements but also appeal to environmentally conscious consumers, thus gaining a competitive edge in the market. In the year 2021 Maya was awarded the Most Enterprising Women Entrepreneur. She also received the International Sadbhavana Award from the Karnataka Governor for her contribution to the civic society.

She started as a model in the fashion field and later she won the Crown for Mrs Heritage World ,2017 a Beauty Pageant, and she leveraged this recognition she received to be a voice of women's empowerment.

Dr. Maya's interest extends beyond her business ventures. She has taken on significant leadership roles in various organizations, serving as the Karnataka President for Women's Indian Chamber of Commerce & Industry-Textile Council. Her past role as the Karnataka Chairperson of the Women Development Council reflects her unwavering commitment to empowering women and advancing gender equality in various facets of society.

She is also the Ex working committee member of Department of Handlooms & Textiles for the Government of Karnataka, India.

Maya is very passionate about empowering woman. She started Bee Chic, a skill centre where women were trained to be financially independent by providing them various tailoring skills. She also addressed various platform to talk on women empowerment. She also believes in Women Participation in the governance of the Country and Actively participates in Political work and social service. She is a speaker at Global Women Economic Forums and is a social activist.

Maya's received many other awards such as Sri Mantralayam Parimala Prashasthi Award, Abhinava Basavanna Siddaganga Shree Award, Certificate of Excellence in Establishing Global Peace for the Sustainable Development & Strong Nation Building ,Women Achiever's Award.



THE CRITICAL EYE

A TIME HAS COME TO LET GO OF THE BUZZWORDS IN AFRICA



Odima Osure; Writer.

Before colonialism, Africa had her own structures and ways of doing things, which were not eurocentric, but efficient. The continent had her own religious systems and beliefs, we had governance structures with shrewd leaders like the Kabakas of Buganda Kingdom. Stable empires, chiefdoms and kingdoms existed among us, with a few still existing to date. When the white man came, they said our ways were obsolete. However, I look back in history, and I say they were wrong, our ways were the right ways for us.

They were wrong about our religion, dressing, intelligence quotient and strength. They did not make our continent any better, but gaslighted us into choosing them over ourselves. We destroyed our original belief systems to pick up the 'modern ways'. They brought an education system to manipulate us into believing that we are underdeveloped, and needed to depend on them for our growth. They brought about such buzzwords like theories of modernization and globalization, to ensure that Africa continues to look up to them, down upon herself. They took our pride and identity and turned our strongest sons into slaves and then, they asked us to carry the Bible and forgive them!

As we forgave, our lands were taken and sons turned to squatters. Our structures were kiboshed while kings sent to prison, murdered or assimilated. We became weaker, while they subjugated our countries. They killed our esteem and denigrated our identity. Then, they took over Africa, in what would be called colonialism. Their brutal rule erode some of our once most important values by imposing their beliefs on our people. David Livingstone for example was taken by Zambians to the Victoria falls, then he took credit for discovering it, then gave

it an alien name.

These are the realities that Africa should wake up to and deal with, in a world so anarchic, as proponents of realpolitik put it. If we are to achieve a better continent, then we have to go back to our original days, identify where we lost track and the real genesis of all our actual problems.

We must revitalise our lost cultures and re-energize the pedestals of our traditional societies. Why should a continent emulate the ways of another in the name of progress? Why would we downplay our own cultures, fashion and ability in the name of modernization? Such accentuates the importance of such initiatives as Afrocity. Spearheaded by Brig. Gen. Amb. Prof. Wallace Williams, the key objective of Afrocity is to bring originality to Africa.



Africans are capable of doing it for, by and with themselves, is the key message that the organisation passes across.

"We want to completely liberate our continent," Wallace told City Bite Magazine. "There are some west leaning organisations that try to impose alien philosophies on our continent," he said. "We are fed up and it is time for Africa to stand on its feet, and speak for herself," he stated. "Afrocity is the plinth upon which this independence is nestled," he said. "We must embrace the originality of our culture and traditions. We must look at development through our own perspective. We have so much resources at our disposal. We need to exploit them on our own way, and transform them into development and such is the role this organisation plays in the continent."

FeSTAC is another medium through which our values are preserved. As the 2024 edition approached, General Wallace has hinted that the Kisumu

chapter of Afrocity will be launched, in a bid to spread the spirit of Afrocentricism among young people, who hold the key to the future of our continent.

"If we don't teach the young people our traditional values, they will get lost into the alien cultures that were borrowed by the white man, and they will lose our African identity," Dr. Wallace said. "We don't want that. We want a completely decolonize Africa. We must decolonize our fashion, food, religion, currency and everything else," he continued. "We must set ourselves apart from the rest of the world," he stated. "Africa is richer than all the other continents. We have loads of gold and other world's most valuable minerals," he said. "But why are we considered the poorest? Because they cause mayhem in the continent and steal our resources while we kill each other. This can only be stopped by ourselves and by our youth. Let us use our rich resources to make our continent a better place."

Truthfully so, it could be quite the coincidence that countries with the richest mineral wells in Africa are the most susceptible to chaos. Congo, for example has been in protracted conflicts, some of which emulate the proxy wars of the past. They aimlessly fight, with child soldiers recruited and indoctrinated to hate each other for no genuine reason. While they fight, their gold is exploited.

It's therefore important for all stakeholders to give the necessary support to those steering the vision and mission of Afrocity.



C.S.O SPACES

ST. PHILLIP NERI

St Philip Neri is an organization that supports Street children families to rehabilitate, reintegrate and go back to school. Initiated by Vincent Ochieng, a graduate of Bsc in Biochemistry, St. Philip Neri is located in the heart of Nyalenda informal settlements a suburb of Kenya's Kisumu City. The primary objective of the organization is to address the significant social issue of homeless children in Kenya. Since its establishment in 2016, the center has been aligned to auspices of the St. Elizabeth University of Health and Social Work in Bratislava, Slovakia.

The organization has amenities such as a football field, playground, small garden, and bread oven which are meant to create conducive environment for the street kids.

A report on UN statistics approximates to about 150 million children worldwide currently vulnerable to life on the streets due to various issues and conflicts. In Kenya the government estimates that there are around 300 thousand street children, with some being as young as four years old. This number could increase with increase in societal challenges over time.



The presence of homeless children on the streets in Kenya is attributed to factors such as poverty, hunger, limited access to education, and inefficiencies in state social policies. While there hasn't been a particular armed conflict in Kenya since gaining independence from British colonial rule in 1963, the plight of street children persists due to these underlying issues.

The rehabilitation process at the Organization involves building trust with the children, addressing their emotional needs, providing education and tutoring sessions, and eventually reuniting them with family members or finding suitable guardian families within familiar communities.

The Organization has grouped women into different segments where they are advised and trained on Financial Literacy to boost their business while offering Counselling services to street youths albeit existence of Financial independence.

During Christmas, there are organized Christmas parties for street children within Kisumu where they are provided with food and clothing. Just this month the Organization supported one of the street kids to undergo surgery after he got injured, a good gesture on achieving the social support pillar and well being.

Many children's lives have been transformed and some have completed their education. Currently there are over 200 children actively in normal education system and most of them live with their family members.

Despite limited resources and challenges posed by missed schooling and behavioral issues among some children, St. Philip Neri Organization remains committed to helping every child achieve social reintegration and have a brighter future.



History's first ever formal organization for the welfare of the boy child has been born, at least according to Osure, the Secretary of the organization.

Formally abbreviated as AFTWOB, the promoters of the youth-led non-profit have now branded it the 'flagship step, towards ultimate gender parity'.

In his view, the organization's Executive Director Mr. Ochieng Abong'o espouses that involving men in the conversation will play a key role

in the journey towards a gender parious world. "Equality is vacuity to me. We should talk about equity, which entails providing equal measure of opportunities to both genders. Biologically, equality is impractical. Not even identical twins are absolutely equal. Their finger prints for example are unique. The world naturally consist of unequal sides, that cannot be absolutely levelled. The best we can do is build bridges and limit the gaps, create awareness and educate people on how to collaborate and build a better world, where both genders are treated with dignity, respect and are given equal opportunities to exploit their potentials."

As the organisation kick-starts its operations, its founders will be looking to kibosh all the misconceptions on

gender related issues like GBV, Domestic Violence, gender based empowerment among many others.

Additionally, as Festac Festival fast approaches, AFTWOB will be among the organisations in the City that will take part in the purple the city campaign initiative, which will be among the key themes of the festival and will be aimed at creating awareness on the perils of domestic violence.

C.S.O SPACES

FOUNDER OF SHERRI DENESE JACKSON FOUNDATION TO PAINT KISUMU CITY PURPLE



Kisumu City is poised to reap more than just exposure from the fast approaching FeSTAC Africa Festival. When curtains of the festival will be raised for the first time, the founder of Sherri Denese Jackson Foundation Portia Shipman will be there, as she prepares a mega crusade against Gender Based Violence, which is among world's most ubiquitous forms of human rights violation.

Alternatively referred as Purple The City Campaign Initiative, the movement will work in partnership with grassroots organizations in Kisumu to create awareness on the forms of the violence, its detriments, how to avert it and how to deal with violent partners in our relationships.

Contemporarily, this specific menace has been on a meteoric rise, not only on the global scale but also in Africa and Kenya which will play host to Mrs. Shipman's movement for a week.

For instance, between 2017 and 2023, a whopping 500 gender related killings were reported in Kenya with 153, the highest annual figure in that period reported last year alone. Primarily, the research that yielded these figures were conducted against female deaths as the variable.

However, even though gender based violence mostly affect women, new trends have emerged where men, regardless of the

traditional belief systems that they are to be strong and stoic fall victim of the imperil. This is an area that Shipman emphasizes needs more education on. To her, there is a need to involve more men in the conversation. More research surveys on how gender based violence manifests itself in the lives of both genders in varied ways also need to be done.

There are different forms of Gender based violence. Some are physical, some psychological, emotional, sexual orientation related, child abuse and molestation, among a myriad of others which will be elaborated in the subsequent volumes of City Bite Magazine. Nonetheless, Shipman's Paint Kisumu purple will be addressing all said forms, notwithstanding create awareness on how to spot and deal with an abuser. This is because many at time, victims stay in abusive relationships for far too long, not because they love it but because they are not made aware of the tell tale signs of domestic violence.

According to assorted testimonies from many victims and beneficiaries of the Denese Jackson Foundation, some abusers are highly manipulative, gentle and deeply romantic. From Portia's experience with former victims, they are thin skinned master charmers with deep rooted narcissistic tendencies. Their world view is the right world view and things must go their way, failure to which they resort to rancor and violence.

To curtail the increase of the gender related violence, a multi-thronged approach is an imperative. All shareholders and interest groups are ergo called upon to join hands with the planners of Festac Africa Festival and support the Purple the City Campaign Initiative.

Civil Society Organizations, the political class, individual interest groups, the clergy, the fourth estate and the fifth estate should all come together in this walk, because the effects of this menace are indiscriminate. Regardless of ones social, financial or political status, all of us are susceptible to the imperils of GBV.

If you are a keen follower of news from around the world, then definitely by now, you have heard of some celebrities and high ranking members of the society are

scandalously convicted of child grooming, rape, sexual assault and harassment, child abuse and such acts that amount to gender based violence. These are people we and our children look upto, but still somehow, are either the victims or perpetrators of the heinous conducts.



Regardless of the fame they enjoy, the money they have and their material possessions, they are still human beings, vulnerable to the ruthless jaws of domestic violence and the ilk.

This is why as FeSTAC fast approaches, communities in Kisumu are implored to give Mrs. Shipman an experience of



it's kind. "We are going to paint the city purple," festival C.E.O once told us. "We know domestic violence has wide reaching impacts," said Mumo. "As FeSTAC, we want to set the standards high through the festival. Promoting good values are a part of our key objectives. Therefore, we rally all to join hands with us in this movement, as we create awareness on Gender Based Violence which is a major demurrer to stable families, stable societies and healthy relationships."

C.S.O SPACES

Kisumu Environmental Champions on a Mission to Restore Lake Victoria



Rahmina Paullete

Last week, as Nyalenda Amazing Grace youth group conducted an environmental clean-up exercise in the Nyalenda informal settlement area, they were joined by a certain Kisumu Environmental Champions, an organisation founded in 2020, at the nadir of corona virus pandemic. This week, the Rhmina Paullete led organisation is building up on the project by keeping themselves in the business of planning an April 8th bound Clean up exercises along the shores of the placid Lake Victoria.

This being just one of their numerous projects, the organisation calls upon partners and stakeholders to join hands with them in a bid to maximize the outcome of the activity which is dubbed "Restoration of Lake Victoria," and is a part of the famous Let Lake Victoria Breathe Again Campaign.

Asked about the key aims of the project, a loquacious Miriam Wanjiru, the manager of the organisation first elaborates the importance of a healthy lake, then cultishly highlights the objectives en vogue.

"Our organisation plays a key role in protecting mother nature and her gifts. Lake Victoria is a gift from mother nature and as such, it is our plinth objective to protect it. Through this project, we are going to use community advocacy tools like the climate clock, videos, the SDG Ball among others to create awareness," Wanjiru said. "We will also clean up the beach and sort waste in terms of types, to help educate the community on waste mitigation and management," she said, smiling. "We will then proceed to Dunga Board Walk, where we will have a dialogue

on climate change and related topics," she stated. "Edutainment will also be part of our activities of the day, where we will have songs, poems, puppetry, exhibition and speeches from representatives of partner organisations that touch on environmental topics," Wanjiru continued.

"Climate Justice advocacy will be at the centre of our conversations, while we will pedestalize youth in the speakers' list."

Asked about partner organisations and the general receptivity towards the project, the manager thanks their long term partners Black Girls Rising from South Africa, who will send their representatives to take part in the project.



Members of Kisumu Environmental Champions take part in a clean up exercise in partnership with Mother's Rebellion Kenya and Amazing Grace Organisation among others

"We are thankful that at least two representatives from Black Girls Rising will come all the way from South Africa to attend the exercise," she said. "This is an organisation that we have partnered with in the past and have provided tremendous value to our progress," she stated. "We are looking forward to welcoming them, and giving them an experience worthy of a reliable partner," she said. "It also goes without mentioning the indefatigable responsiveness we have experienced from grassroot organisations in Kisumu," she stated. "Amazing Grace from Nyalenda, Mothers Rebellion Kenya, YESAM, Chuny Onagi TV, Radio Lake Victoria, Rotary Club of Kisumu, Graceful Hands CBO, Tubonge Na Shirley, Dreams Redefined, Royal Dental Clinic, Amazing GYG, ESCA, City BITE Magazine, Kisumu Multi-Talent and many more others, who have shown an interest in supporting our project," she said. "Some of these organisations have already handed in their copious donations towards the cleanup activity and we are thankful for the receptivity, and we believe that together, we will maximize the impact of

the project. Climate change affects everyone in a plethora of ways, and so a multi-thronged approach is our way out. We need Gender activist to join the conversation because climate change impacts us at individual campacities. We also want to see economic champions among us because the economic trajectory of the world is to a reasonable extent directly impacted by climate change. Same goes to farmers, politicians, businessmen, youth advocates, feminists, policy advocates and everyone else," she said. "If we don't join hands or pull resources together, we're headed in a ditch. The Ozone layer will be completely eroded, and the beauty of our environment distorted. Lake Victoria for example will be drained of life, and that's bad for everyone else. An unhealthy Lake Victoria is bad for fish and fishermen, which is in turn bad for fishmongers and fish processors which is again bad for fish consumers and so, don't be left out in the quest to save our beloved lake."



Young Climate Champions taking part in an Environmental Cleanup exercise organised by Nyalenda Amazing Grace Youth Group in partnership with Kisumu Environmental Champions and Other Organizations.



LIFESTYLE

WHO WILL SAVE THE SICK KENYAN?

Healthcare system in the country is in shambles and there is no ray of hope in the horizon. Nearly half of doctors in public facilities are on strike and government is adamant to address their demands citing resource constrains. The patient is left on his own as the doctors, concerned ministries, the Council of Governors (CoG) and SRC, and other parties fail to agree on a way forward after-meeting-after-meeting.

The strike has compounded the problems of a crippled healthcare system which was already reeling from transition challenges from NHIF to SHIF. Both public and private facilities are also owed several billions by the national insurer and this too has negatively impacted their operations and service delivery. This failure by NHIF to remit funds has exacerbated the crisis with healthcare facilities now unable to procure essential medical supplies, equipment, and medications. This has further strained an already overburdened healthcare system, leaving patients with substandard care or no care at all.

With other cadres joining the strike to show solidarity with their counterparts, patients have been met with closure of hospitals, clinics, and medical facilities across the country. Access to essential medical treatments, surgeries, and consultations is now a preserve of the rich and wealthy who can pay for or benefit from insurance-covered services in the big private facilities.

As each protagonist holds their ground, patients who depend on the healthcare system especially those with chronic illnesses requiring routine hospitalization are deeply troubled and frustrated as the crisis persist. The combination of strikes by medical professionals and non-remittances by the National Hospital Insurance Fund (NHIF) to healthcare facilities has left us in a dire situation, with limited access to vital medical care and services.

As a kidney warrior who benefits from bi-weekly hemodialysis services, I plead on behalf of other patients across the country for immediate action from the highest office in the country to address this healthcare crisis. It is unacceptable



KENEDY ANJEJO

that patients are bearing the brunt of a situation that is beyond their control. We call upon all stakeholders, including the government, NHIF, and medical professionals, to prioritize the health and well-being of patients and work towards a swift resolution of the ongoing crisis. Health is a right guaranteed by our constitutions and at no time should citizens be subjected to this level of punishment and uncertainty.

As patients, we deserve access to quality healthcare services without fear or hindrance. We urge all those involved to come to the table for the sake of the health our lives and the Kenyan people in general. We will not stay silent while our lives hang in the balance. The time for action is now.



Kenyan Doctors on strike

[Courtesy]

**The author is a Kidney Warrior
& The Director of Community
Led Solutions CBO**

BABU OWINO SETS NAKUMICHA UP FOR THE SACK; SHOULD IT WORK?

YES

Her handling of the doctors strike has been the greatest show of classic incompetence. While I agree that we have had protracted doctors strikes before, it is her unwillingness to find a solution that increases her susceptibility to a sacking. If the president wants a re-election in 2027, which is fast approaching, then he must let go of peg backs like the Health Cabinet Secretary.

NO

Babu is a politician, Nakumicha is not. The Embakasi East Parliamentarian knows nothing about health and how it works. Solving the Doctors strike is very important, but its intricacies require time, something the Doctors have refused to give those in charge. They are impatient, selfish and are looking for ways to maximize profits in their own private pharmacies at the expense of sick, innocent civilians in public hospitals. This is so immoral and should stop.

NEUTRAL

Depends on what angle you look at it, but I am confused. From one end, I empathize with the patients, from the other, the doctors deserve their perks and what's fair in relation to their work. All stakeholders should work an amicable solution as quick as possible, as health is the most sensitive sector in our country and the word at large.

CLIMATE CHANGE

PLANETARY HEALTH ON THE BRINK

The Critical Nexus of Climate Change, Biodiversity, and Immune Diseases



Viola Adhiambo.

In the wake of escalating climate change and biodiversity loss, a consortium of scientists has issued a clarion call for immediate action to mitigate the burgeoning threat of immune-mediated diseases. This article delves into the intricate web of environmental degradation and its alarming impact on human health, particularly the immune system, which serves as the body's primary defense against disease.

The crux of the issue lies in the profound changes our environment has undergone due to increased pollution and a decline in biodiversity. These changes are not merely cosmetic; they have far-reaching implications for our immune systems. The immune system, a complex network designed to adapt and respond to environmental stimuli, is now facing challenges it hasn't been evolutionarily prepared to handle. The rapid pace of environmental change has outstripped the immune system's ability to adapt, leading to a rise in diseases that are mediated by immune system dysregulation.

Climate change, driven by the relentless increase in greenhouse gases, is a multifaceted phenomenon affecting not just global temperatures and weather patterns but also the very air we breathe. It has been linked to an increase in the prevalence of asthma, allergies, autoimmune disorders, and even some forms of cancer. These conditions are often the result of an immune system that is either overreacting to environmental triggers or failing to regulate itself properly.

The decline in biodiversity also plays a critical role in this health crisis. A diverse ecosystem provides a range of microorganisms that help our immune systems develop properly. However, as species disappear and ecosystems become less varied, our exposure to these beneficial microorganisms decreases. This lack of exposure can lead to an immune system that is not only less robust but also more prone to overreaction, resulting in conditions like allergies and asthma.

The economic implications are as significant as the health impacts. Research suggests that every dollar invested in mitigating climate change could save three dollars in future health care costs. This is a powerful incentive for governments and organizations to take action, not just for the sake of the environment, but for the health and economic well-being of populations worldwide.

The scientists' call to action is not just a warning; it is a roadmap for the future. They advocate for a multi-level, multi-sectoral approach to address these challenges. This includes reducing emissions, preserving and restoring biodiversity, and investing in research to better understand the complex relationship between the environment and human health.

The message from the scientific community is clear: the time for debate has passed; the time for action is now. The health of our planet and our people depends on it. Measures taken today to combat climate change and biodiversity loss will not only preserve the natural world for future generations but will also safeguard our health, ensuring a more robust and resilient society. The evidence is compelling, and the need for action is urgent. As stewards of the Earth, it is our responsibility to heed the call and work towards a healthier, more sustainable future.

Author is a Climate resilience & development specialist



The impact of FestacAfrica Festival can best be expressed if you understand the history behind I'm Blak and Proud. Feel the FESTAC '77 Fever and share this video to understand why we must represent our continent. Join us in Kisumu Kenya and be part of this historical moment from 20th-26th May 2024. Karibu Dala

Together let us make Kisumu the biggest Global Cultural Exchange Platform.



Grace Mumo



Cyprian Nyakunfi

Quote Of the Week

"I learned this, at least, by my experiment; that if one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours.

HEALTH

NURTURING CARE COMPONENT 1- GOOD HEALTH



Winnie Alando

Nurturing care is has 5 components that are important in helping our children survive and thrive by ensuring that stimulation is done to the children to ensure proper brain development. For our children to reach their full potential, children need the five inter-related and indivisible components of nurturing care: good health, adequate nutrition, safety and security, responsive caregiving and opportunities for learning and these should be implemented between conception to 8 years of age.

Good health as the first component comprises of several services and information that caregivers should receive and implement from conception. Good health refers to the health and well-being of the children and their caregivers. Why both? We know that the physical and mental health of caregivers can affect their ability to care of the child. Before conception partners need to stay healthy physically, mentally and emotionally before getting pregnant for the safety and good outcome of the pregnancy.

SOCIAL AND BEHAVIOR CHANGE IS KEY TO ACHIEVING A MALARIA-FREE COUNTRY

Social and behavior change is key to achieving a malaria-free country due to its critical role in influencing human behaviors that are essential for successful malaria prevention, treatment, and control efforts. Majorly malaria interventions heavily rely on individuals, families, and communities who adopt specific behaviors that contribute to reducing the transmission of the disease which includes the consistent use of preventive measures such as insecticide-treated nets, adherence to treatment protocols, seeking prompt medical care for symptoms, and engaging with vector control strategies.

Behavioral Factors in Malaria Control Human behavior plays a crucial role in various aspects of malaria control programs. At the individual level, behaviors such as using insecticide-treated nets consistently and seeking timely treatment for fever are vital. Household-level actions like maintaining nets properly and allowing indoor residual spraying also impact malaria prevention. Additionally, community

The mother should focus on having safe pregnancy by attending 8 antenatal visits and ensuring that during that period they get their weights monitored, given iron and folic acid supplements (IFAS) for boosting their blood volume and to prevent neuro-tube defects, the mothers are also given tetanus injection, fansider and long lasting insecticides nets to prevent malaria. The mothers are also tested for HIV and if positive started on ARTs immediately. They should avoid alcohol and drugs abuse and also ensure they have a birth plan to prepare them where to deliver and ensure it will be in a health facility.

The baby should be well taken care of after birth by immediately initiating the baby to breastfeeding within the first hour of birth and exclusively breastfeed for 6 months, keep the baby warm, delay bathing for 24hrs and continue kangaroo mother care through skin-to-skin contact if the baby was born underweight/premature, avoid feeding the baby anything in the first 3 days of life before starting breastfeeding, for cord care (apply chlorhexidine 7.1% gel), early identification of danger signs and immediate referral the first years of life.

These children should also be taken for immunization to prevent diseases and boost their immune system. Immunization protects children from

engagement is necessary for successful vector control initiatives. Without active participation and compliance with recommended practices, the effectiveness of malaria interventions is compromised and the hope of having a malaria free country is throw into waters.

Understanding the drivers of human behavior is essential for designing effective social and behavior change interventions with the predictive models like the ideation model that provides for insights into how individuals perceive malaria-related behaviors and make decisions regarding prevention and treatment. By addressing psychosocial determinants such as knowledge, attitudes, social norms, and self-efficacy, targeted interventions can influence behavior positively.

The ideation model has been successfully applied to analyze the psychosocial determinants of malaria-related behaviors across different settings. Studies have shown a strong correlation between ideational factors and actual behaviors related to malaria prevention and treatment. By leveraging this model, social and behavior change programs

dangerous diseases that can be prevented through vaccinations. If unvaccinated, these diseases can lead to disability and even death. These diseases include: Measles, meningitis, diphtheria, tetanus, whooping cough, yellow fever, polio and hepatitis b and new vaccines against: pneumonia and rotavirus. They should also be supplemented with Vitamin A from 6 months to 5 years for development of eyesight and to boost their immunity and lastly they should be dewormed from 1 year of age too.

Caregivers and families should also be sensitized on prevention of common childhood illnesses like diarrhea and respiratory infections. Children with diarrhea, malnutrition, malaria, respiratory conditions and any other life threatening conditions should be taken for treatment and assessment. Childrens' weights and heights should also be monitored every month to ensure they are growing well. These are some of the practices that caregivers and families should take into considerations to ensure safe pregnancy and outcomes for healthy babies and to help our children survive to reach their 5th birthdays and full potential.

can improve message exposure, increase household coverage of preventive measures like bed nets, and enhance overall community engagement in malaria control efforts.

Implementing evidence-based social and behavior change strategies is crucial for optimizing malaria control programs. By collecting data on behavioral determinants specific to target populations, national malaria control programs can tailor interventions to address the unique needs of communities effectively. Monitoring progress through consistent measurement of behavioral determinants enables program managers to adapt strategies based on real-time feedback.

Social and behavior change plays a pivotal role in achieving a malaria-free country by influencing individual actions, community engagement, and adherence to recommended practices essential for effective malaria prevention and control. Its high time we focus on changing our behaviors.

THE DIPLOMAT

AFRICA SHOULD BUILD HER CULTURAL DIPLOMACY AROUND FESTAC



RENAISSANCE
AFRICA
FeSTAC

according to historians and anthropologists, Africa is the cradle of mankind, and immigration took place in the early years of civilization, to spread different ethnic groups across the continent, meaning all our cultures are intertwined and related. By bringing different people in one platform, communities will be reminded of the beauty in diversity, the relationship between their cultures and just how much greatness can be achieved when we put hands together.

Among the key note speakers will be Prof. P.L.O Lumumba, a staunch pan African scholar, who also sits in the board as a patron for the festival. For as long as we can remember, Prof. Lumumba has been a stalwart defender of Africa's original values and ways of doing things. Most of his ideas have been aimed at decolonising all aspects of life in the continent; food, fashion, politics et al.

This accentuates the role that the festival and its planners play in the furtherance of Africa's cultural diplomacy. It brings originality in our ways of doing things. It restored our traditional identity and it promotes a future where Africa is authentic, self-reliant and united.

In a past interview with Caribbean ambassador Wallace, he insists that the continent is not only capable of doing things her own way, but also depending on her resources for sustainability.

Additionally, the aspect of the State of African diaspora otherwise referred to as the SOAD which is a key partner to FESTAC is the paragon of regional integration.

According to its minister of minerals and mines H.E Keith Brown, the key objective of the SOAD is to educate Africans on the beauty and riches within our borders.

This, not only enlightens Africans on the beauty of our diversity, but also plays a role in strengthening intercontinental state relations, outside the boundaries of the continent.

All said and done, all heads of states, the African Union and all regional bodies within the continent should consider premising our cultural diplomacy on FESTAC, as a way to explore the pristine potential of the continent.

EDUCATION

DEAR READER TODAY LET'S DISCUSS MUSIC EDUCATION.



Ms Odhiambo Ruth

What a tragedy it would be to live in a world where music was not taught to children. I recently had a conversation with one Mr. Moses Were on the importance of music education and here's what I got.

What's the big deal with music education you may ask. Music should be an integral part of the student-centered curriculum. Recognized as a special strength of an educational institution, music plays a significant role in nurturing aesthetic response; it increases a learners' capacity for thoughtful feeling and problem solving aspects. Music is an art form that expresses the experiences of human life, even though musical sounds often have no specific meanings that can be verbalized.

Yet music demonstrates our ability and need to symbolize life experiences, making music an indispensable part of the liberal arts tradition. Knowing about music, developing sensitive and critical listening skills, creating and performing music, and understanding the role of music in history and contemporary society are all vital ingredients in the education of every learner.

Because we believe this, a broad-based, flexible course of study has been designed to meet the needs of the general learner and the specific requirements of the music student. Let us join in to discovering the logic, joy, and passion of music.

What are some Educational Goals and Objectives in Music?

1: Learners will be effective performers.

- Learners will demonstrate proficiency on their principle applied medium.
- Learners will demonstrate proficiency in reading music notation.

- Learners will demonstrate fundamental proficiency in keyboard skills.
- Learners will demonstrate fundamental proficiency in vocal skills.

All music majors perform in events and in ensemble showcasing the relevant talent skill acquired.

2: Learners will achieve proficiency in musical literacy.

- Learners will demonstrate knowledge of musical styles, forms, processes, and their cultural context.
- Learners will demonstrate proficient analytical listening skills.

Learners must pass their Termly Assessments and any relevant assessment in question.

3: Learners will apply knowledge of musical concepts by creating music.

- Learners will demonstrate musical literacy in original composition and/or improvisation as a long term goal.

Learners participate in music ensembles, orchestral performances and demonstrate skills in music compositions.

4: Learners will demonstrate professional competence in their area of specialization.

- Learners will exhibit knowledge of their particular field. (Instrumentation)
- Learners will apply this professional knowledge base in a student teaching experience.

Learners participate in peer teaching.

5: Special needs music experience

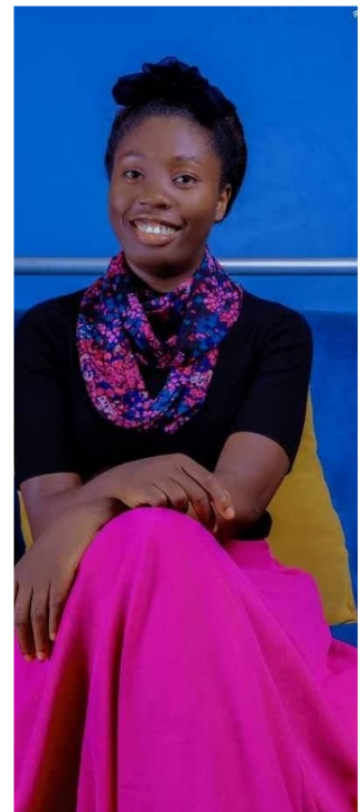
- Special needs learners will gain music experience through therapeutic learning.

- Learners will improve motor function, social skills, emotions, coordination, self-expression and personal growth.

SNE learners will gain the relevant learning music experience in communication skills, behavior/Academic skills, Motor Skills, Emotional Skills and Social Skills.

Music is a more potent instrument than any other for education because rhythm and harmony find their way into the inward places of the soul.

Ms Odhiambo Ruth is a teacher at Fairmonts International Schools; Kisii



2024



**FESTAC
AFRICA
FESTIVAL**



ENG. YINKA ABIOYE

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MAY; THE MONTH OF FESTAC

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ENTERTAINMENT

LATEST TRENDS IN THE KENYAN ENTERTAINMENT INDUSTRY



Jellisters Debitha

Kenya is well-known not just for its beautiful scenery and abundant wildlife but also for its exciting and eclectic entertainment scene. The country offers exciting experiences for tourists and residents, from music and movies to sports and video games. This article delves into the lively Kenyan entertainment industry, examining the many genres of Kenyan entertainment that reflect and add to the country's rich cultural heritage.

There is something for everyone in Kenya; whether you want to learn about the newest musical trends, explore the world of Kenyan films, or wager for entertainment at the best bookmakers in Malawi, from Kenya, the country has something to offer everyone.

The diverse and Exciting music

The music scene in Kenya is vibrant and energetic. You can find everything, from traditional folk songs to today's top 40 singles. Traditional Kenyan music performances often include large ensembles of singers and dancers accompanied by drums and other percussion instruments.

There is a long tradition of playing this music at family reunions. The country's biggest cities are strongholds for hip-hop, rap, reggae, R&B, and Afrobeat. Many venues hosting live Kenyan music concerts may also be accessible.

The fun-filled nightlife

Kenya is a vibrant country with several options for a fun evening out. From upscale nightclubs to traditional African music and dance, there's sure to be something for everyone. Nairobi, the capital, is home to some of East Africa's best nightlife options.

Among the most popular establishments are Club Kiza, known for its live DJs and international artists; B-club, known for its hip hop and R&B; and Brew Bistro & Lounge, known for its rooftop terrace and city views. Kenya's vibrant nightlife caters to a wide variety of preferences.

Theatre and film

The development of Kenya's cinema and theatre industries in recent decades has enriched the country's cultural environment. Kenyan films' storytelling has been praised worldwide for seamlessly combining traditional African customs with modern issues. It has allowed them to get more incredible notoriety among individuals all around the globe.

There is also a flourishing theatrical scene in Kenya, with productions running regularly throughout the year. Audiences are entertained as real issues like poverty, sexism, and corruption are explored in these plays. Kenya presently boasts a robust cultural environment that draws tourists from all walks of life due to the fusion of these two creative disciplines.

In conclusion, Kenya's entertainment landscape is a gold mine of originality and diversity. The sector, which includes everything from the addictive rhythms of Kenyan music to the riveting tales presented in cinema and theatre, consistently breaks new ground and gives rising stars a chance to shine.



SPORTS

MANCHESTER UNITED STILL HAVE A LONG WAY TO GO AND ERIK TEN HAG MIGHT NOT BE THE MAN

On Sunday, Manchester United held fierce rivals Liverpool to a 2-2 draw at Old Trafford, thanks to a clinical fifty yard finish by skipper Bruno Fernandez who latched on a misplaced pass from Liverpool defenders and a clinical curler by youngster Kobbie Mainoo.

United had gone one goal behind before the half our mark, and went for the half time on a losing position. It was, at the time believed that Liverpool would easily seal their victory in the second half, with memories from last season's second leg annihilation of the Red devils by the Reds still fresh in the minds of football fans.

It was however a toe to toe game with United at one point going up, up to the dying minutes of the game when Aaron Wan Bissaka made a careless tackle on Harvey Elliott in his own box to gift the scousers a penalty, which was clinically converted by Egyptian ace Mohammed Salah.

Regardless of the fact that such situations are unprecedented, it's almost becoming a trend that Man United would concede a late penalty in almost every other game. A flashback to Thursday night and Chelsea pulls off a one minute comeback against the self declared Kings of Comebacks, after a certain Diogo Dalot conceded a lackluster penalty, which some pundits have since claimed was an unfair decision.

Like today, United had gone behind via two quick goals from Conor Gallagher and Cole Palmer, then Alejandro Garnacho pulled one goal back before



[PHOTO COURTESY]

Bruno Fernandez equalised just eight minutes before half-time. Then, Manchester United leapfrogged Chelsea via another Garnacho effort and it looked like they were taking all three points before they lost the plot in injury time.

All these weigh down on Then Hag's shoulders. According to Fabrizio Romano, the Dutchman is under immense pressure with results going against his favour. As a transition in club structure takes shape, distant mumurs have indicated that Erik is short of the right charisma to guid United to the next level of football. There's a long way to go and he might not be the man to take the club to the next level.

WWW.METEORMEDIA.CO.KE



■ FESTAC Festival an opportunity for sports and Sportsmen in Kenya

From 20th to 26th of May this year, pan-africanists will converge in the City of Kisumu, for a week-long festival. FESTAC is the oldest festival of arts and culture in the history of Africa and it provides an elevated platform for cultural exchange.

In lieu to achieve this, one of the key themes of the festival is the promotion of sports and talents.

Sports is a key aspect of cultural diplomacy and as a tool for the aforementioned, Festac will involve sports competitions where best performing teams will be rewarded at the end of the festival.

What this means, is that young sports men and women in Kenya have an opportunity to expose their talents to the world. Experienced sports personalities will be there to witness the games and to identify best emerging talents, some of whom could gain access to a myriad of opportunities available in the world of sports.

Additionally, the ministry or state department of sports has an opportunity to collaborate with FESTAC as a way to bolster service delivery and talent development in the country.

This is because not often does such opportunities knock one's doors. Festac is not any other festival. It's a platform that birthed Whole Soyinka, Wallace Williams, and has been overseen by the big names of the continent like Leopold Sedar Senghor, H.E Olusegun Obasanjo and many more others. Therefore, it is not just a Festival, it is the embodiment of Africa's cultural heritage and the custodian of Africa's future intracontinental diplomacy.

As May approaches, we really all powers that be to join Eng. Yinka Abioye and his team in the quest to give all those who will attend the festival an unforgettable FESTAC Experience



MOYASA C.S ON X

Wakenya, watch out for Jeremy Bisau. Baller! Superb work Omwami Hon @KBisau. The #TalantaHela pipeline is on a roll..

H. E ABABU NAMWAMBA



AGRICULTURE

HOW TO USE BUTTON DRIPPERS



Felix Oloo ; Agronomist

Crop type choice

In Kenya, drippers are on fruits, with the largest users being growers of; passion fruit, banana plantations, avocado, macadamia, tangerine, orange, tree tomato, apples, and mango. The largest none fruit users are khat farm.

Right drippers

Our technical team advises growers on the most appropriate type of drippers to use and the number based on; crop population, acreage, crop water requirement, and available water pressure. These button drippers for sale are available in our outlets countrywide.

Irrigation time

The drippers irrigation period is a factor of the volume of water available in the system and the pressure. This assumes that the pressure too. It will take longer if both or one of them is low.

FAQs

What is the cost of a drip irrigation system kit in an orchard?

From Kes 95,000 depending on the tree population

What size drip emitter should I use?

We recommend a drip emitter of 2 liters per hour and above

How many emitters can I put on a line?

Depending on the size or age of the tree, one to four emitters are enough.

How many emitters do you need per tree?

The larger the tree, the more the emitters. Check how much water your tree requires. Then check how much water one button dripper emits to arrive at the dripper number

How do you replace a drip emitter?

Adjustable button drippers are easier to close completely so that they emit no water than replacing them. Then add another button dripper adjacent to the old one

Should I bury my drip line?

Yes you can but leave the button dripper on the surface



Fake fertilizer on the rise, who's to blame?

The Government ?

Should we blame the government for the increasing fake fertilizer scandals? To a decent extent, yes. Government must be aware of everything taking place in the country. Agriculture as the backbone of our economy is an interest area for the government and therefore they are always involved in everything touching on it. If a probe is to be done, they should start by questioning high ranking officials in the Ministry of Agriculture, the Cabinet Secretary included.

KEBS?

What are they doing anyways? This is not the first time we're dealing with fake products in the market. Why do we have to go through this as a country when we have a standardisation body? At the least, KEBS should be disbanded, renamed and reconstituted.

Business community?

Some business cartels take advantage of these loopholes and make colossal profits out of unfair deals. Let's face it, most profit-oriented business owners would jump at the opportunity to maximize gains in the backdrop of lamenting citizens. This is something we have to call out. However, most small scale business owners innocently package the fertilizers and sell without knowing their quality.

FESTAC AFRICA FESTIVAL

KEITH BROWN KING MUCOKI WA MAINA; SOAD MINISTER OF MINES AND MINERALS



H.E Keith Brown (Courtesy)

Q4: With the onset of technology and investment in Africa, how do you see Africa in the 21st Century ?

Extracted from SOAD Website

Africa is emerging from the shadows toward the implementation of SMART cities, innovative health care solutions, artificial intelligence, mobile and blockchain technology. Only by unifying with the diaspora can Africa arise to become a world power.

Q5: What initiatives and projects have manifested through your position within the State of the African Diaspora ?

My desire and goal as an appointed cabinet minister, is to expound on the relationships and initiatives that I have cultivated and introduced as a roving ambassador of SOAD. These relationships have provided us with contacts, resources, and opportunities that are not readily known. On the African continent, trust, honesty, loyalty, and honor are more binding than contracts and promises. For this reason, most of the mineral sites where there is an abundance of natural resources are not realized due to the lack of trust that the population has for companies due to the exploitation of the people and the unfair business practices.

However, we have transcended those boundaries and have established mutual trust that has resulted in partnerships with the small and medium sized mining companies, local governments, artisanal miners, governors, chiefs, and landowners that have not until now agreed to trust in the knowledge that we will indulge in fair business practices and partnerships.

Q6: What are you planning to do in the future for the State of the African Diaspora ?

What drives me is my vision to morally and ethically assist, educate, and invest in elevating the socio-economic status of the African and Caribbean people; maintaining accountability and integrity through the realization of unity, mutual respect, and economic prosperity between businesses, organizations and communities in the Diaspora and those in the Caribbean Islands and Africa continent - inspiring the indigenous people to be self-reliant and empowered.

STATE OF THE
AFRICAN
DIASPORA



FESTAC
AFRICA
RENAISSANCE



Q1: Please could you introduce yourself ?

My name is Keith Brown and I am a U.S. National currently residing in the beautiful country of Kenya. I traced my ancestry to the Kikuyu of Mt Kenya. There, by rites of initiation, I was given the name Prince Mucoki - I am now King Mucoki wa Maina of the Diaspora after being crowned by King Maina wa Karanja before the Council of Elders and Chief Seers of Kenda Muiyuru - The nine clans of the Agikuyu. I now serve as Minister of Mines and Minerals and as a member of the Royal Chamber of SOAD.

Q2 : - What is your vision of Panafricanism ?

My Vision is a united, organized and strong Africa built on the partnership and integration between businesses, organizations, and individuals within the Diaspora and the Africa continent. All working as one toward a self-sustaining, self-reliant, empowered economic world power.

Q3 : - Who is your favourite character in Pan-african history, and why?

Kwame Nkrumah.

FESTAC FESTIVAL

FESTAC CARRIBEAN AMBASSADOR PROF. WALLACE WILLIAMS; A PROFILE.

Ambassador Dr. Wallace W. Williams is the Honorary Consul General for Antigua & Barbuda to the Federal Republic of Nigeria, he is Ambassador and Distinguished Fellow for the Institute of Leadership and Management in the United Kingdom, Ambassador for ABR (African Business Round Table) to the Americas, founder of the AFROCACY Movement, Chairman of the African Development Goals Initiative, Founder & President International Black Chamber of Industry & Commerce, Chairman Afrikah in Antigua Project, The EXCLUSIVE REPRESENTATIVE for Global Bank of Commerce Antigua Ltd in Afrika an Entrepreneur in Afrika with many firsts in security printing, biometrics & holographic technologies and Founder of the SUDAC – STANDARD UNITED DIGITAL AFRIKAN CURRENCY TO ENABLE TRADE BETWEEN AFRIKAN COUNTRIES & AFROSTAR AFRIKA DIGITAL CURRENCY.

Dr. Wallace Williams, a staunch and avid panafricanist has devoted over four decades to creating relationships between people, businesses, governments, and civil-societies in Africa, Europe, and the United States in the fields of tourism, entertainment, education, and youth development (He is a NALIS award winning author of CVQO & Education Caribbean Youth at Risk!), Innovator of Gaspreneurship in Nigeria and is now currently the Visiting Scholar & deputy director of The Gaspreneurship Centre of Excellence at the Federal University of Petroleum Resources Effurun Delta State Nigeria, and now appointed our very own Chairman of Black Entrepreneur Magazine Afrika.

He has led innumerable trade, technical, and training trips to showcase Africa to the world and has a particular interest in African and Caribbean partnerships. In addition, he has led and organized a number of bilateral economic and military tours of African leaders, as well as strategic military missions to the Caribbean, building economic ties between important decision-makers in Africa, the Caribbean, and internationally.



DR. WALLACE [COURTESY]

The honorary consul, who was nominated as an Ambassador during the government of former President Olusegun Obasanjo, disclosed that direct flights between Africa and the Caribbean will be inaugurated very soon as he has just been back from inspecting suitable aircrafts with his partners in south afrika who has the fleets, experience & expertise to make Afrika-Caribbean flights a reality. In recent years, The Diplomat has led the Citizenship for Investment campaign for Nigerians & afrikans seeking a second passport in the islands of Antigua and Barbuda.

In recent years, the Diplomat has led the Citizenship for Investment campaign for Nigerians & afrikans seeking a second passport in the islands of Antigua and Barbuda.

Chief Dr. Williams was also responsible, through his company Code Logistics Africa Ltd., for the secure production of presidential ballot sheets for the Nigerian Presidential Elections of 2003. The very first security printed ballots with several security elements to prevent ballot duplication. In terms of scope, ensuring the security of the ballots was a national security responsibility. His company ensure that the 67 MILLION BALLOTS were securely printed and securely transported with the highest security movement utilizing his Israeli security partners to effect its delivery.



Listed below are a few of Dr. Wallace many accomplishments. He oversees groundbreaking and innovative collaborations and bilaterals.

Brought the Trinidad Model on Gas to the Nigerian Gas Masterplan
Promoted Trinidad Model on Local content to Nigeria, Ghana, Equitorial Guinea in the Gas & Energy Sector

: Coordinated the Geo Strategic Tours of the Nigeria Defence College Courses 17 & 22 to Trinidad & Tobago for Oil, Gas, Energy, and Tourism; invited Governors Donald Duke, Lucky Igbinedion, and Mimiko to Trinidad & Tobago for partnership in Oil, Gas, Asphalt, Bitumen, and Carnival Tourism (Calabar Carnival was one of the collaborations that bore fruit).

: invited President Obasanjo to Trinidad and Tobago in 2005 and to Antigua & Barbuda to secure 11 OECS votes to secure an observer seat at the UN security council.

Invited the following Ministers to Trinidad & Tobago

: Minister Ezekweseli-Raw Materials (Asphalt Mining & collaboration)

: Minister Odusina-Gas (Trinidad Model on Gas for the Nigerian gas master plan)

: Minister Usman-Planning (Trinidad Model on gas)

: Minister Orubebe-Niger Delta (training for young people from Niger Delta in energy skills at the national energy skills centre Trinidad).

: Organizations that he invited & were Effective in Visiting the Caribbean in the Interest of Bilateral Cooperation

: planned & corordianted NEPC-Nigerian Export Promotion Council tour to Trinidad & Tobago Antigua & Barbuda (to explore Nigerian exports using Antigua & Barbuda as a hub to the Americas)

: NAPL-Nigerian Army Properties Limited-visit to Antigua & Barbuda (to explore investments for the Nigerian Army Properties)

: NTAC-Nigerian Technical Aid Corps emergency response to Hurricane Irma devastation to Barbuda in 2017 to Antigua & Barbuda (MOU established to send technical aid personnel)

WOMEN & LEADERSHIP

WOMEN AS AGENTS OF PEACE:

Transforming Terrorist-Ridden Regions

In regions afflicted by terrorism and conflict, women are often overlooked but play indispensable roles in fostering peace, security, and resilience. Their contributions, though often unseen, are pivotal in countering violent extremism and building sustainable peace. This article explores the multifaceted roles of women in peace-making and security within terrorist-ridden regions, drawing on real-world examples to illustrate their impact.

Women possess innate skills in mediation and negotiation, making them effective peacemakers in volatile contexts. In Nigeria, the 'Market Women' of Maiduguri bravely engage with Boko Haram insurgents to negotiate the release of captives and advocate for peace in the Northeast region. Through their grassroots efforts, they demonstrate the power of dialogue and reconciliation in resolving conflicts. In Afghanistan, women leaders like Habiba Sarabi and Fawzia Koofi have participated in peace negotiations with the Taliban, advocating for women's rights and inclusive peace agreements. Their perseverance and determination have been instrumental in advancing dialogue and building trust between conflicting parties.

Women are the heart of their communities, actively engaging in grassroots peacebuilding initiatives and fostering social cohesion amidst violence and extremism. In Afghanistan, the Revolutionary Association of the Women of Afghanistan (RAWA) mobilizes women to counter the influence of the Taliban and promote community resilience. By organizing clandestine schools for girls, providing healthcare in remote areas, and advocating for women's rights, RAWA empowers women to resist extremism and rebuild their communities from within. In Nigeria, organizations like the Bring Back Our Girls movement, led by women like Aisha Yesufu and Oby Ezekwesili, have mobilized communities to advocate for the release of abducted schoolgirls by Boko Haram. Through advocacy campaigns and community mobilization efforts, these women have galvanized national and international support for the rescue and rehabilitation



Carol Nyagaki

of victims of terrorism.

Women serve as frontline defenders against radicalization and violent extremism, working tirelessly to protect their families and communities from the influence of terrorist groups. In Somalia, the 'Mama Hawo Tako' network comprises courageous women who work tirelessly to prevent the radicalization of youth by Al-Shabaab militants. Through community outreach, education campaigns, and vocational training, they offer alternatives to extremism and empower vulnerable individuals to reject violence and embrace peaceful pathways.

Women are champions of human rights and advocates for the protection of vulnerable populations, particularly women and children affected by conflict and terrorism. In Iraq, Yazidi women who survived the atrocities of ISIS have become advocates for justice and resilience in conflict-affected areas. Organizations like the Yazidi Women's Council provide vital support to survivors, including psychosocial counseling, legal assistance, and economic empowerment initiatives, helping them rebuild their lives and communities in the aftermath of violence.

Women's voices and leadership are indispensable for shaping peace and security policies that address the root causes of terrorism and conflict. In Yemen, Tawakkol Karman, a Nobel Peace laureate, leads the Women's Solidarity Network to amplify women's voices in peace negotiations and promote inclusive governance. Despite facing immense challenges, Karman and her fellow activists advocate for gender-responsive policies, ceasefire agreements, and humanitarian access, advocating for a more

peaceful and equitable future for all Yemenis.

The examples highlighted above underscore the indispensable roles of women in peace-making and security within terrorist-ridden regions. From mediation and conflict resolution to community engagement, preventing violent extremism, protecting vulnerable populations, and advocating for inclusive peace processes, women's contributions are transformative and essential for building resilient and peaceful societies. As we strive for sustainable peace and security worldwide, it is imperative to recognize, support, and amplify the voices of women as agents of change and champions of peace.

The author Holds a Bachelor's Degree in History And International Relations from Egerton University

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- One Purple Plaque for 2024

Supporting only in the US through Africa, Portia Shipman

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FESTAC for the love of Africa!

For the love of Africa, FeSTAC was conceived and for the love of Africa FeSTAC was reborn. Everything about our continent is good, and that is the foundation of The World's Black & African Festival.

In Eng. Yinka Abioye's own words, the festival was founded by our fore-fathers to prepare us for post-colonial era. It was to revitalise our then eroding traditions and to preserve our most precious cultures. It was to carry forward our story through generations and to immortalise the legacies of our independence heroes and heroines through arts and culture.

This is because, we love our continent & her people. We cherish our culture and believe in good among us. In Africa, like Akon puts it, there's so much love to share, but we have been painted by some as a continent of disaster.

Festac's main role is to showcase the beautiful side of Africa and give reasons to love it.

Zuhura is a FESTAC Africa Festival Board Member.



BENNY Willis meets Paramount Ruler of Iwo Land

Ambassador Benny Willis, Nigerian Ambassador to the FESTAC AFRICA FESTIVAL and the Official Cinematographer-Photographer-Videographer for FESTAC AFRICA 2024, recently had a meeting with the paramount ruler of Iwo-land, H.I.M. Oba Abdulrasheed Adewale Akanbi, to discuss the upcoming Road-To-FESTAC AFRICA 2024. Read more here: <https://independent.ng/festac-africa-festival-ambassador-willis-meets-with-oba-abdulrasheed-akanbi/> Register today at www.festacafrika.org and see you on MAY 20TH - 26TH, 2024 in #kisumu, #kenya

Please note the visa requirements for Kenya through this link. <https://www.etakenya.go.ke/en/enroll>

Book your discounted KQ flight here at 15% for the festival travelers <https://www.kenya-airways.com/en/promotions/festac-africa-festival-2024-offer>

KISUMU To turn purple!

According to statistics from UN Women Website, over 736 million women experience physical violence at least once in their lifetime.

This reflects a ratio of 1 in 3 women the world over. Physical violence is the most ubiquitous form of Gender based violence while the latter is among the commonest forms of human rights violation. Therefore, concerted efforts are an imperative in our quest to realize an idyllic world, for gender parity and quality social relationships.

As a regal FeSTAC festival beckons the City of Kisumu, planners have made the War on Gender Based Violence a plinth objective for the 5th World's Black and African Festival, with Portia Shipman, an anti-gender based violence activist poised to lead the campaign.

A U.S citizen, Shipman will be bringing her Purple the City Campaign Initiative to Kisumu, where all are rallied to join the movement as we create a safer world for both women and men to live without mistrust, discrimination or hatred.

Don't miss this chance, to be part of the greater good!

Winnie Alando is a Contributor at CITY BITE MAGAZINE



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Contact City Bite

KISUMU HOST CITY

FESTAC AFRICA FESTIVAL

20TH - 26TH MAY 2024

FESTAC FESTIVAL 2024 THEME SONG

MAMA AFRICA BY SWAGGA DON

NOTABLE QUOTES

THE VIEW POINT



KEITH BROWN



What we don't want is the propaganda surrounding educating Africans. At the SOAD, we are championing actual education of Africans on the immense opportunities and resources at our disposal, within our own borders.



MUTHONI NJAKWE

FESTAC Trade fairs will promote Intra-continental trade relations between African countries. This will in turn bolster regional integration and promote development in our continent.



H.E WILLIAM RUTO

Africa is the next frontier of trade and investment, and any business and entrepreneur not planning about the continent will be left behind.

With 60 per cent of the world's renewable energy, 65 per cent of uncultivated arable land and a huge youth population, Africa will be one of the world's largest markets by 2050.



HE CYRIL RAMAPHOSA

Community Health Promoters [CHPs] form an integral part of implementation of Universal Health Coverage. They work tirelessly to promote health, provide essential care, and bridge the gap between communities and facility based healthcare.



ELON MUSK

Coming shortly, X will publish everything demanded by @Alexandre and how those requests violate Brazilian law. This judge has brazenly and repeatedly betrayed the constitution and people of Brazil. He should resign or be impeached. Shame @Alexandre, shame.



DR. WALLACE WILLIAMS

African Development Goal number one for 2025 is food security for all. This is a key gap in the continent. We need a people well fed and strong enough to protect the values we once held so dear as a continent. We need to do away with GMOs. They are carcinogenic and are meant to depopulate the continent.



MOSES KURIA

As part of the ongoing national support for my very good friend Rt Hon @RailaOdinga's candidature for the position of African Union Commission Chair, today my mother Teresia, my wife Joyce, my friends and I were treated to a sumptuous lunch by Mama Ida Odinga as we wished Baba Odinga as we wished Baba good health, vitality, and courage as he embarks on his journey.

GALLERY



Moses. KURIA gifts Raila Odinga a goat h| Photo Courtesy



CS Ababu Namwamba visits Mercy Chepgeno, gifts her a full team Kenya kit| Photo Courtesy



Manchester United's Kobbie Mainoo celebrates after scoring Vs Liverpool [Coutersy]



President Ruto prepares to plant [Coutersy]



Karim Benzema [Coutersy]



Influencer Khalif Kairo on a hike [Coutersy]



Gladys Wanga meets match officials after the European Day cup competition [Coutersy]



U.S Ambassador to Kenya Meg Whitman visits Gearbox Europlacer workshop | Photo Courtesy



Gov. Joho donates food stuff to Kisauni residents in the spirit of Ramadan | Photo Courtesy

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